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# PERSON CENTERED PLANNING:

# INDEPENDENT FACILITATION

A GUIDE FOR CONSUMERS  
AND FAMILIES



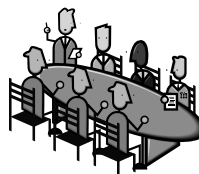
Community Mental Health Partnership  
of southeastern michigan

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# INDEPENDENT FACILITATION

The Community Mental Health Partnership of Southeastern Michigan has a pool of regional Independent Facilitators that individuals receiving services can utilize as an option. The facilitators are trained in the Person Centered Planning (PCP) process and are knowledgeable on how meetings are run. They are also trained in confidentiality issues and are under the same Mental Health Code as CMHPSM staff.

## WHAT DOES AN INDEPENDENT FACILITATOR DO?



An Independent Facilitator helps you plan your Person Centered Planning meeting. They will:

- Assist you with arranging your meeting (inviting those you have chosen, where and when you would like to have your meeting)
- Run the meeting

- Focus on your needs, dreams and wishes
- With the dreams and goals you have set, an Independent Facilitator, along with your support team, will help you put those dreams into action.

## WHAT MAKES A GOOD FACILITATOR?

A good facilitator is a person who:

- Listens to you
- Supports you
- Encourages all to participate
- Knows about Person Centered Planning
- Gathers ideas to help you with your planning

## WHO CAN BE A FACILITATOR?



It is your choice! It could be:

- You
- A friend or family member
- Your current Support Coordinator/Case Manager
- An Independent Facilitator

## WHAT IS PERSON-CENTERED PLANNING?

### HOW DO I GET A FACILITATOR?

At the beginning or your pre-planning meeting, your Support Coordinator/Case Service Manager will ask you if you want to have an Independent Facilitator. If so, you will then have the opportunity to choose which person you would like to have.

### HOW DO I BECOME AN INDEPENDENT FACILITATOR?

If you or someone you know is interested in becoming an Independent Facilitator, contact your Support Coordinator/Case Service Manager and they will put you in contact with the local PCP Coordinator in your area.



In 1995, the Michigan Mental Health Code established a right for all individuals receiving services to have their Individual Plan of Service developed using the Person Centered Planning process. This process allows the individual to express their preferences, choices and abilities in order to build upon their capacity to engage in activities that promote community life. The Person Centered Planning process involves those who are closest to the individual, such as family members and friends, as well as professionals.

### For More Information on Independent Facilitation Please Contact:

**Lenawee County Community Mental Health**  
(517) 263-8905

**Livingston County Community Mental Health**  
(517)546-4126

**Monroe County Community Mental Health**  
(734)243-7340

**Washtenaw County Community Support & Treatment Services**  
(734)544-3000