



Washtenaw Health Plan
 555 Towner Street, Ypsilanti, MI 48197
 Phone: (734) 544-3030 Toll-Free (866) 291-8691
 Fax: (734) 544-6775 <http://whp.ewashtenaw.org>

SPECIAL INFORMATION FOR WOMEN! ARE YOU GETTING THE HEALTH CARE SERVICES YOU NEED?¹

**For more information about WHP services,
 call Member Services at toll-free (866) 291-8691.**

1) PLAN FIRST! FAMILY PLANNING SERVICES

Female adults between 19-44 years old who are U.S. citizens or qualified non-citizens who have been legal residents for 5 years or more, and who are not currently pregnant, may qualify for free family planning services through the Plan First! program.

Free Services Include:

- Office visits for family planning
- Birth control, including methods such as: Oral, Nuvaring, Orthoevra patch, barrier methods, spermicide, natural family planning, and abstinence education
- Birth control supplies and devices with no co-pays
- Lab tests and the first treatment for sexually transmitted infections
- Sterilizations
- Medications

*Note: Abortion and infertility are NOT covered under this program.

To Apply:

- Use the Plan First! Application Form
- Mail to Plan First!, PO Box 30412, Lansing, MI 48909, or Fax to (517) 324-0710
- Call the Beneficiary Help Line at 1-800-642-3195 (TTY 1-866-501-5656)
- Coverage begins on the first of the month of which the application is received.
- Please call 734-544-6840 for more information or an appointment at the Washtenaw County Public Health Department Adult Clinic.

If you apply for Plan First!, you will not lose your WHP Plan B coverage.

The Washtenaw County Public Health Adult Health Clinic provides Plan First! Services at 555 Towner, Ypsilanti - Room 149. Please call (734) 544-6840 for an appointment.

2) FAMILY PLANNING (TITLE X) SERVICES

Family Planning (Title X) Services are FREE or low-cost, private and include physical exams; pelvic exams and pap tests (cervical cancer screening); pregnancy diagnosis and counseling; and contraceptive counseling and supplies. Get Family Planning services from one of these agencies.

<p>The Corner Health Center 47 N. Huron Street, Ypsilanti, MI Phone (734) 484-3600 Ages 12 to 22 only</p>	<p><u>Planned Parenthood</u> of Mid-Michigan</p> <ul style="list-style-type: none"> • 840 Maus Avenue, Ypsilanti, MI Phone (734) 485-0144 • 3100 Professional Drive, Ann Arbor, MI Phone (734) 973-0155
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IMPORTANT: WHP does not cover contraceptives. To get free or low-cost birth control, you must get medical services from an above listed Title X agency or enroll in Plan First!

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¹ NOTE: Some WHP Primary Providers can provide several or all of these services.

3) BREAST AND CERVICAL CANCER CONTROL PROGRAM (BCCCP or Title XV)

- WHP requires that all WHP female members age 40 or over enroll in the Breast and Cervical Cancer Control Program along with WHP. BCCCP covers breast and cervical cancer screening services.
- Call to make an appointment at a BCCCP Clinic within your health system.
- Read the BCCCP brochure!
- **For more information**, call Health Services Access at (734) 544-3050 or toll-free (800) 440-7548.



4) GYNECOLOGY SERVICES

- For gynecological exams and services not available from BCCCP and Family Planning (described above).
- Call to make an appointment at the Obstetrics/Gynecology Clinic within your health system (see two clinics listed below).
- You do NOT need pre-approval for yearly gynecology exams and services.
- Remind the Obstetrics/Gynecology Clinic to send the report of your visit to your Primary Provider.

University Of Michigan Health System Obstetrics/Gynecology Clinic 1500 East Medical Center Drive Ann Arbor, MI 48109 Phone (734) 763-6295	Saint Joseph Mercy Health System Academic Obstetrics/Gynecology Clinic 5333 McAuley Drive, #2110 Ypsilanti, MI 48197 Phone (734) 712-3967
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5) PREGNANCY AND POST-PARTUM SERVICES

WHP DOES NOT COVER PREGNANCY SERVICES! However, you are eligible for pregnancy coverage, so apply as soon as you get a positive pregnancy test! You must complete the application and get pregnancy coverage from either:

- **Healthy Kids/Medicaid** covers medical (including pregnancy), mental health, dental, and vision services. **Apply at** State of Michigan, Family Independence Agency (FIA), Washtenaw County Office, 22 Center Street, Ypsilanti, MI, phone (734) 481-2000. **For more information**, call toll-free (888) 988-6300.
- **MOMS (Maternity Outpatient Medical Services)** covers outpatient pregnancy-related services **and Emergency Only Medicaid** covers inpatient labor and delivery. WHP can continue to cover non-pregnancy services. **Apply at** State of Michigan, Family Independence Agency (FIA), Washtenaw County Office, 22 Center Street, Ypsilanti, MI. **For more information**, call (734) 481-2000.



You may also qualify for:

- **WIC (Women, Infants and Children) Nutrition Program** for coupons for free food and nutrition education, breastfeeding support, and referrals to services. **For more information**, call (734) 544-6800.
- **Maternal Infant Health Program (MIHP)** for childbirth, infant care, and parent help, home visits, help with getting car seats and other baby items. **For more information**, call (734) 544-2984 or (734) 544-6700 or ask your doctor for a referral.