



June 2007 ♦ Important Information about the Washtenaw Health Plan ♦ <http://whp.ewashtenaw.org>

Case Management Resources for WHP

Support Available for Providers and Members

A small proportion of the WHP member caseload consists of patients with complex health needs which are sometimes coupled with other complicating issues such as substance abuse, mental health issues and/or homelessness. These members require more attention and need extra support in order to use the health plan most effectively. To address the needs of this subset of WHP Members, the Washtenaw Health Plan and its medical partners have developed these Case Management contacts. WHP Providers are encouraged to call when WHP Members need extra support to manage their health needs within the WHP system.

WHP Member Education, Case Management, Clinical Support & Enrollment Contacts

WHP Member Ed/Case Mgt.: Measie James: 734-544-2988; jamesme@ewashtenaw.org
WHP Clinical Support: Liz Skrzypek: 734-544-3034; skrzypeke@ewashtenaw.org
UMHS Case Management: Donna Fox, RN: 734-936-0590; donnafox@med.umich.edu
SJMHS Case Management: Percy Golna, RN: 734-712-2806; GolnaP@trinity-health.org
WHP Enrollment: 734-544-3050, or 800-440-7548; website: <http://www.ewcho.org>
WHP Website: <http://whp.ewashtenaw.org>

HPV Immunizations for WHP Members

Grant will cover vaccine for 200 Women

The Washtenaw County Public Health Department has received a grant that will provide Gardasil vaccine for up to 200 uninsured women living in Washtenaw County. The immunization is recommended for women under age 26 to prevent human papillomavirus (HPV), the STD that can be a precursor to cervical cancer. Washtenaw County Public Health is providing HPV vaccine to Washtenaw residents on a limited basis. Girls ages 11 to 18 years, who are VFC eligible (Medicaid, uninsured, or under-insured), will be served in immunization clinics. Young women ages 19 to 26 years, including WHP members and the uninsured can call for service in the Adult Health Clinic at (734) 544-6840.

To receive the HPV Immunization:



Female WHP Plan A members age 19-26:

- Get a WHP Plan A immunization authorization letter; (WHP Plan A Members can pick up letter at Health Services Access Walk-In or call 544-3050 or 1-800-440-7548 to get one by mail)
- Call the Adult Health Clinic at 734-544-6840 for an appointment;
- No fee will be charged with authorization letter.

Female WHP Plan B members age 19-26:

- Call the Adult Health Clinic at 734-544-6840 for an appointment;
- Need to show proof of Washtenaw County Residency;
- Will be charged a \$10.00 administration fee.

Girls/women under 19 years:

- Call the Immunization clinic at 734-544-6770 for an appointment.

BCCCP Update

Screening Services Covered

The Washtenaw Health Plan Board has agreed to cover breast and cervical cancer screening and diagnostic services for WHP women age 40 and over after the BCCCP program reaches its enrollment cap. Please continue to refer eligible WHP members to one of the BCCCP clinics: Packard Community Clinic, Chelsea Family Practice, Academic OB/Gyn, Community Family Health Center, North Campus FHC and/or Taubman for their annual breast and cervical cancer screening exams. The Michigan Department of Community Health has confirmed that a woman who is diagnosed with breast or cervical cancer through the WHP, will still be able to apply for Medicaid through the BCCCP Medicaid Treatment Act for continued care.

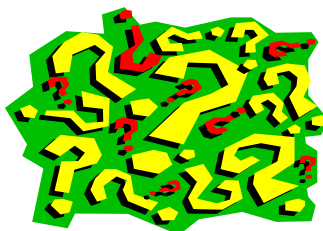
FREE TRAINING: "Never Quit Quitting"

Integrate Cessation Counseling and Referral into Your Office Practice

WHP Providers can schedule a **free one hour on site training including choice of lunch or breakfast.**

This March-of-Dimes sponsored training will assist health care providers – doctors, nurses, PAs, MAs, office managers, social workers and front office staff – in providing smoking cessation counseling, referrals and cessation resources to their patients, with a particular focus on women of childbearing years. This is based on the rationale that smoking is one of the most modifiable risk factors that affect birth outcomes. People are more likely to quit successfully with help. The goal of the training is to educate the entire office staff about the “5-As” of smoking cessation counseling technique (Ask, Advise, Assess, Assist and Arrange) and explore the significant impact this technique has in encouraging patients to quit smoking. Although the ultimate goal is to reduce poor birth outcomes, the skills learned as a result of the training will be applicable to all patients who use tobacco. Please contact Lisa Krugman at (734) 544-6862 or via email krugmanL@ewashtenaw.org to schedule your training.

**Free “Never Quit Quitting” Training
Contact Information:
Call Lisa Krugman at (734) 544-6862 or email
krugmanL@ewashtenaw.org
to Arrange for Training at your Location
FREE Lunch or Breakfast Included!**



Health Data at Your Fingertips

Health Improvement Plan Survey Results

- How many Washtenaw County residents smoke?
- How often do we exercise?
- How many children in our community have asthma?

The answers to these questions and many more are available from the 2005 HIP survey. Every 5 years the Washtenaw County Health Improvement Plan (HIP) survey is conducted in our community. From February 2005 to January 2006, over 2000 adults in Washtenaw County were interviewed by phone about their health status and health behavior. In addition, over 700 of the adults reported on the health status of one child in the household. The survey results are available in an interactive format at <http://hip.ewashtenaw.org>. Data are available by county region, income, health status, race, gender, and age. The data could be utilized to help identify health needs and trends in lifestyle habits, or to inform and support practice strategies.

Health Management Resources

Diabetes Materials being developed



A sub-committee of the WHP Advisory Committee has been meeting to review and improve health management services available for WHP members. The first health need examined is diabetes care. WHP members can get access to

nutrition and insulin education through specialty referrals. Materials will soon be sent to WHP providers that will summarize diabetes management programs and outline referral procedures. This is part of an on-going effort to provide health management resources that can be used by providers for WHP members.

WHP Formulary Alert!

Colonoscopy prep agent, Golytely, has been replaced by the generic for Colyte: PEG3350/electrolyte solution.