



## UMHS Resources for WHP Members

### ***University of Michigan Health System: 734-998-2475***

#### **Diabetes Education**

400 E. Eisenhower Parkway, Building #2, Suite B, Ann Arbor, Phone: 734-998-2475

The University of Michigan Diabetes Education Program offers in-depth diabetes education. Patients learn how to take care of their diabetes and reduce the risk of developing complications. Approved by the American Diabetes Association and the Michigan Department of Community Health. Individual appointments with a dietitian are also available. Classes are available at Briarwood and East Ann Arbor Health Center.

#### **Living with Diabetes (Type 2)**

The Living with Diabetes Classes are designed for people with Type 2 diabetes. Four sessions of 2 ½ hour each are held each month – both in the morning and evenings. They are held at the Briarwood Center for Cardiology and Diabetes in Ann Arbor. The classes are recommended for people who are newly diagnosed with diabetes and those who would like to be updated on the most current information to help with their diabetes management. The goal is to give tools and suggestions for dealing with diabetes. The information is tailored to what is important to the patient. Patients are encouraged to share thoughts, concerns and questions during classes.

#### **Intensive Type 1 Class**

The Flexible Management Classes (or Intensive Management) are designed for people with Type 1 diabetes. Four evening sessions of 2 ½ hour each are held each month. These are recommended for people who are newly diagnosed with diabetes and those who would like to be updated on the most current information to help with their diabetes management

## Referral Procedure for Washtenaw Health Plan Members

### **UMHS Referral Steps:**

- Use the physician diabetes and nutrition education referral form.
- Fax to **734-647-5869**.
- After the referral is received, the clinic phones the patient to make an appointment.
- Please ask the patient to call the clinic: **734-998-2475**, if they have no phone.
- For more information about scheduling classes or private education call the Diabetes Outpatient Education Program at (734) 998-2475 or toll-free at (866) 266-5221.



University of Michigan Health System

Diabetes Outpatient Education Program WHP Referral Form

400 E. Eisenhower Parkway, Suite B Ann Arbor, MI 48108-0741 (734) 998-2475 FAX: 734-647-5868

Referral Status: \_\_\_ Urgent \_\_\_ Routine Physician Name: \_\_\_\_\_

Office Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Patient Information

Name: \_\_\_\_\_ Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (H) \_\_\_\_\_ (W) \_\_\_\_\_ (C) \_\_\_\_\_

Birthdate or CPI# \_\_\_\_\_ Washtenaw Health Plan Member: [ ] B [ ] A

\*Indications for Diabetes Education

- \_\_\_ New onset diabetes
\_\_\_ Change in treatment regimen
\_\_\_ Inadequate glycemic control
\_\_\_ Diabetes complications:

Diagnosis:

- \_\_\_ Type 1 diabetes \_\_\_ Type 2 diabetes
\_\_\_ PCOS Other: \_\_\_\_\_
\_\_\_ Gestational Diabetes: Must apply for MOMS/Emergency Only Medicaid.

Education Service

- \_\_\_ Group classes (4 sessions - 10 hrs)
\_\_\_ Individual education required
\_\_\_ Initiate insulin therapy - Orders:
\_\_\_ Type 1 - Has an insulin pump. RN/RD/CDE may determine

\*Must be completed.

Physician's Signature / Date

U of M# Due to regulations may not be signed by nurse. Please forward form by fax to: 734-647-5868