washtenaw WHP HEALTH PLAN

Asthma/Allergy Supplies, Formulary Medications and Disease Management Resources 2-2015

Brand names (in parentheses) are listed for reference. If available, only the generic product is covered. Please check the WHP Drug Formulary for a complete listing of dosages and medications.

Asthma/Allergy Medications

Bronchodilators

Albuterol (Pro Air HFA) inhaler; **QL 2/month**
Dyphylline (Lufyllin) tablets
Intal nebulizer solution
Ipatropium (Atrovent HFA) inhaler
Metaproterenol sulfate (alupent) taps, syrup
Theophylline (Theodur/Elixophyllin) tablets

Corticosteroids

Dexamethasone (Decadron) tablet/elixer
Prednisolone (Orapred) 15 mg/5 ml

Inhaled Glucocorticoids

Beclomethasone dipropionate (QVAR) inhaler
Fluticasone propionate (Flovent) inhaler **110 mcg only**

Anaphylaxis Therapy

Epinephrine (Epipen) 0.3 injection; **QL (2 injections/rx)**
Epinephrine (Epipen Jr 0.15 mg injection; **QL (2 injections/rx)**

Nasal Corticosteroid

Fluticasone Proprionate (Flonase) nasal spray

Prophylaxis Therapy

Montelukast (Singulair) 4, 5 and 10 mg tabs

Aerochamber (Spacer) QL 1/yr

Additional Medications: Nonformulary but available at low cost pharmacy programs

Bronchodilators Albuterol (Ventolin) tablets/0.83 mg/ml solution Ipatropium (Atrovent) 0.02% solution
Corticosteroids Methylprednisone (Medrol 4 mg dosepak) Prednisone (Prednisone) tablets
Antihistamines Cetirizine OTC (Zyrtec) **QL 30 tabs/month** Diphenhydramine (Benadryl) **50 mg cap only** Fexofenadine (Allegra) **60 mg only** Loratadine OTC (Claritin) Tablet/syrup Promethazine (Phenergen) tablets
Gastrointestinal Cimetadine (Tagamet) Ranitidine (Zantac) Famotidine (Pepcid)

Pneumococcal polysaccharide vaccine (PPSV) is recommended for anyone 2 yrs of age and older with asthma; this is available at the Washtenaw County Public Health Dept., call 734-544-6700 to set up an appointment

- Plan B members -$10 administration fee for 18 and under; $15.00 for 19+

Formulary medications for conditions that may co-occur with or be exacerbated by asthma

Antihistamines	Cough and Cold	Gastrointestinal
Clemastine Fumarate (Tavist)	Benzonatate (Tessalon Perle) 100 mg cap only	Omeprazole OTC
Cyproheptadine (Periactin) tablets/syrup	Codeine/promethazine (Phenergen w/codeine)	
Hydroxyzine (Atarax) tablets	Dextromethorphan (Phenergan DM)	
Hydroxyzine (Pamoate) Vistaril	D-Methorpan/p-ephedrine (Cardec-DM)	
	Guaifenesin/p-ephedrine (Entex PSE)	
	Guaifenesin/p-ephedrine (Duratuss HD, Robitussin DAC)	
	Hydrocodone/Homatrop (Hycodan)	
	Phenylephrine/Codeine (Phenergan VC w/ Codeine)	
	Phenylephrine/pyrila (Rynatan)	