

Washtenaw County Public Health reminds county residents to use basic prevention, such as frequent hand washing, to avoid illness and to be vaccinated against H1N1 if they are among those fitting the current priority groups. In addition to prevention measures, Public Health officials emphasized that:

- Persons who become ill should seek antiviral treatment early in the course of illness, if recommended by their health care provider.
- Persons with underlying medical conditions that may make influenza complications more severe should also contact their health care provider if they are experiencing flu-like symptoms.
- The pneumococcal vaccine is recommended to prevent pneumonia from developing after influenza illness. The CDC recommends a single dose of pneumococcal polysaccharide vaccine (PPSV) for all people 65 years of age and older and for persons 2 through 64 years of age with certain high-risk conditions. Many area health care providers offer the pneumococcal vaccine; please check with your health care provider about availability.
- All persons are reminded to seek prompt medical attention for worsening or severe symptoms.

An H1N1 vaccination clinic is scheduled for Sunday, Nov 22 at the EMU Convocation Center from 10:00 am to 7:00 pm, or until the last person with a wristband is vaccinated. Public Health staff will screen and provide wristbands to eligible persons on site starting at 9:00 am. Wristbands are only available while supplies last. A wristband confirms the availability of a dose and minimizes wait time.

For updates and future clinics, see www.ewashteanaw.org/flu or call 734-544-6700.

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