

FOR IMMEDIATE RELEASE
February 1, 2005

CONTACT: Sharon Sheldon, MPH,
734-544-6781

Attention Washtenaw County businesses – Did you know that Washtenaw County workers are the most sedentary group of employees in the State of Michigan? Given the impact that physical inactivity, poor eating habits and tobacco use have on soaring health care costs, productivity and quality of life, businesses both large and small are encouraged to develop healthier lifestyle campaigns in the workplace.

If your organization is making strides or getting started with plans to improve the health and wellness of your employees, you are encouraged to complete an application for the 2005 Healthy Workplace Awards. The Award encompasses the following categories: Employee Participation and Worksite Based Initiatives, Health Promotion Communications, Worksite Environment, Organizational Strategy and Program Evaluation and Performance Improvement. The award application may be found on the Washtenaw County Public Health website, <http://hip.ewashtenaw.org> . The application deadline is Tuesday, March 1st, 2005.

The Awards will be presented on April 6th, 2005, at the Board of Commissions meeting during the National Public Health Awareness Week. The Washtenaw County Public Health Department is working with area media outlets on press releases and media spotlights to showcase the 2005 Healthy Workplace Award recipients.

For more information about the 2005 Healthy Workplace Award, please contact Sharon Sheldon, MPH, 734.544.6781, or Jenna Bacolor, MPH, MSW, 734.544.2969.