



University of Michigan
Department of Psychiatry
Depression Center
Social Work Family Programs

Support Groups

**Group A: for Adults with Depression & Bipolar
Illness**

**Group B: for Adolescents and College
Aged Persons with Depression & Bipolar Illness**

**Group C: for Family Members of Persons with Depression &
Bipolar Illness**

Offering opportunities to:

- Share ideas for coping
- Link with community resources
- Develop a support network
- Learn about depression and bipolar illness
- Discuss issues of stigma

**When: 7:00 to 8:15 p.m.
2nd and 4th Wednesday of every month**

**Where: University of Michigan Outpatient Psychiatry Clinics, *Rachel Upjohn
Bldg, 4250 Plymouth Rd, Ann Arbor, MI 48109-2700***

No Pre-Registration – No Charge for Groups

(Please do not bring young children to the support groups.)

All groups are facilitated by a social worker.

For Information about Social Work Family Programs,
phone Sue Wonnacott at (734) 764-0250 or visit the website at:

www.med.umich.edu/depression/groups.htm

*Attending a group meeting means that you will meet others with similar circumstances and conditions.
Each member of the group will be asked to be respectful of confidentiality and will sign a statement
saying they will not disclose any confidential information.*