

University of Michigan Department of Psychiatry

- Depression Center
- Psychiatric Emergency Services

Survivors of Suicide Support Group

An Adult Survivors Support Group for Family & Friends 18 years and above

Offering opportunities to:

- Develop a caring support network
- Learn healthy coping and healing skills
- Provide a safe place for survivors to share their thoughts and feelings
- · Learn about bereavement and grief and how it impacts us

When: 7:00 p.m.-8:30 p.m. the 2nd and 4thThursday of every month

Where: University of Michigan Turner Senior Resource Center

2401 Plymouth Rd., Suite C

Ann Arbor, MI 48105

Cost: No Charge

Pre- Registration, Required:

The group is open to <u>pre-registration members</u> only and runs for eight sessions per cycle. (Please do not bring children to support group)

Please contact: Kim Ballard (734) 936-4855 for registration and information

Professionally Facilitated by:

John Kettley, MSW

Jim Svensson, MSW

Pre-Registration required, Attending a group meeting means that you will meet others with similar circumstances and conditions. Each member of the group will be asked to be respectful of confidentiality and will sign a statement saying they will not disclose any confidential information.