

Washtenaw Alive Meeting Minutes – Friday, Jan. 7, 2011

Attending: Sharon Sheldon (WCPH), Michelle Rose-Armstrong (Garrett Lee Smith Grant Coordinator), Trish Meyer, UM Depression Center, Tiffany Moore (RAHS Stone HS); Elizabeth Spring (CSTS), Quinn LaPeer (WCSO); Karyn Boyce (Ozone House); Charla Sanders (WCHO Intern); Angel Epps (Ypsilanti School District Erickson Elementary); Cynthia Wheeler (Ypsilanti School District Adams Academy); Maryjane Bottonari; Susan Lee (WCPH); Lisa Gottlieb, Washtenaw County Youth Center; Michelle Rivette, VA Suicide Prevention; John Kettley, UM Psychiatric Emergency Services

I. Garrett Lee Smith Youth Suicide Prevention Grant Updates (ages 15-24):

- a. Youth Advisory Council (Suicide ALERT) – next mtg on 1/13/11 at Lincoln Schools; 5 youth coming regularly and we continue to do outreach to additional youth in the target age group; Facebook and Twitter sites are active and they group will recommend ways to link into the Washtenaw Alive website; February 2011 mtg will take place in Milan

Trish Meyer (UM Depression Center) will look into the Peer to Peer Program to see what, if any, web resources may be available to link into the youth social media campaign and talk with Karyn Boyce

- b. Training – ASIST training on Jan 20-21 is getting more registrations of late as WISD and WCPH have done outreach to school superintendents and nurses. SafeTalk T4T will take place March 14-15.
- c. Pilot and Teen Screen – we are likely going to be modifying this goal/objectives as UM Psychiatry and Social Work have developed a new model that allows for anyone presenting in the Psych ER to be seen by a UM Consult Team at that time. In the community setting, physicians can refer clients on Medicaid for walk-in services at Youth and Family Services at Huron Valley Child guidance. We will discuss with Pat Smith how to redirect our energy on this goal potentially on a parent awareness campaign stressing the importance of screening in the clinical setting.
- d. Surveillance – Suicide attempt data survey sent by Washtenaw County Public Health and the Child Death Review Team.
- e. Washtenaw Alive website has been updated and we encourage everyone to take a look and make recommendation for improvements. We will post a Youth Suicide Prevention newsletter developed by Charla Sanders (WCHO intern) on the website.

II. Recent suicide activity in Milan:

- a. 3 youth deaths in Milan have occurred since October, 2010 in Milan/Milan School District. Two of those deaths are being called suicides. (some students attending Milan schools live in Monroe County).
- b. Early crisis intervention services have been ongoing in Milan since Monday 1/3/11 through the TERN Team (Traumatic Events Response Network); Garrett Lee Smith Youth Suicide Prevention Coordinator and various trained school crisis interventionists.
- c. A very successful and well planned/implemented Crisis Management Briefing took place on Monday evening 1/3/11 . 750 community residents were in attendance at Milan High School.
- d. Next steps planned: 1/10/11 Milan City Council will discuss at their regular meeting including a possible Proclamation about the importance of ongoing suicide prevention efforts in this community (Washtenaw County did this Sept 2010 at a BOC meeting); At 1/11/2011 at Lincoln High School there will be a "Let's Talk About Suicide" presentation. 1/27/11 there will be a "Let's Talk about Suicide" will be presented again at Milan High School.
- e. Washtenaw Alive members brainstormed resources that can be available to the Milan community including:
 - i. Gatekeeper trainings (ASIST, safeTalk and let's Talk about Suicide)
 - ii. Depression Center has speakers that can go out and youth/adult support groups that are open and free to the general public at their site in Ann Arbor.
 - iii. Ozone House can do presentations
 - iv. UM Psych ER has a crisis and referral line
 - v. Local suicide survivor group – information available to hand out
 - vi. Kelly Stupple will provide general information on Mi-Child / Healthy Kids and Washtenaw Health Plan resources

An information packet of resources will be ready to bring to Milan City Council meeting 1/10/11 and recommendations provided to City Council for prioritizing suicide prevention efforts in this community.

NEXT MEETING

February 4, 2011