

## Washtenaw Alive Meeting Minutes – Friday, December 3, 2010

Attending: Michelle Rose Armstrong, Karen Boyce, Hazelette Crosby-Robinson, Dick Deighton, Edwina Jarrett, Anne Kramer, Tiffany Moore, Mike Muphy, Sharon Sheldon,

- I. Introductions: Loren from Catholic Social Services visits the meeting today to discuss the RAISE Program (Recovery after Initial Schizophrenia Episode) which is a research study through the NIH. Those ages 16-40 are eligible preferably after their first schizophrenic episode within 4 months; not restricted by Washtenaw County residency. This study will do initial assessment and provide treatment if they qualify; will also refer.
- II. GLS Grant updates:
  - a. Youth Leadership / Social Media: Karyn Boyce from Ozone House has made arrangements with a group of UM students to come do some social media training with members of Suicide ALERT. The next meeting is December 9; Julie Stafford from WCPH will attend; there was discussion of recent youth suicides and Facebook posts; Anne Kramer and Michelle will look for technical assistance resources about social media approaches to make sure we are taking advantage of these resources as we start to build a web/social media presence linked to the Washtenaw Alive website.

Anne Kramer will contact Pat Smith @ MDCH about a possible youth track at the technical assistance conference (Roscommon) in May 2011.
  - B. Training:
    - a. ASIST training for school staff (those working with ages 15-24) on Jan 20-21 at Washtenaw Community College ; this training could be open to some youth
    - b. safeTalk T4T – 10 spots only; these trainers will provide sustainability as we move past the GLS grant funding.
  - C. Teen Screen – 30 primary care doctors were trained in fall 2010; Michelle will talk with Pat Smith / Cindy Elwell-Foster about using TES for additional primary care clinicians to be trained in Teen Screen
  - D. Surveillance: HIP 2010 survey in progress which includes a number of suicide questions; early results in spring 2011; Adreanne Waller (WCPH) will pick up contacts of organizations re: data that may be collected re: suicide attempts and potential data sharing agreements.
- III. Suicide Death Review: Dr. Jentzen is interested in convening a group to begin this activity to review deaths of those ages 18 and up; first meeting on Jan 10, 2011. Will begin by looking at public information only and discuss how to get people involved and additional data. Michelle requested recommendations for Suicide Death Review Committee members.

#### F. Response to recent suicide activity

There was a discussion about the recent suicide activity and the limited resources for follow-up response in schools and community. Michelle and Mike are contacted often and facilitate the responses (debriefings, public meetings etc) but need a more systematic and localized process and more involved so as to prevent burnout and provide necessary services that were once covered by Public Health. Suggestion and plan to schedule a meeting with key organizations and individuals outside of Washtenaw Alive group to discuss further.

#### G. Goal Updates

Group decided to plan a facilitated meeting to review, edit, and prioritize goals. Michelle will contact someone who would be a good fit for this role.

Briefly discussed goals and possible edits:

Goal #1: Mike reported that web page is a priority and needs more of a group to work on this. Edwina joined this goal. Julie Stafford from Public Health met with Julie Staples Watson and Michelle. The WA webpage will be able to keep it's current URL while hosted at Washtenaw County. Awaiting for Andy from WC finish up process of posting Washtenaw Alive website on WC site.

Goal #2: Tasha and Anne suggest changing this goal to possibly focus on toolkit and resources to assist schools and organizations to evaluate needs and access suicide prevention/intervention resources.

Goal #3: Previously discussed

Goal #4: Karen Boyce is involved in this group and needs to be added to list. Currently working on posters for parking structures.

Goal# 5: Don Hart will return to group at the beginning of the year.

Goal #6: As a result of Liz Spring's work there have been steps to improve access to UM services from Pediatric Practices (i.e. added ED slots). Also, new options for access to services for Medicaid clients.

Goal # 7: Maryjane Bottonari facilitated the Annual AFSP Survivors of Suicide Conference on Nov 20th through the generosity of Edwina in making space available at Washtenaw Community College. Approx 20 people attended.

Quinn is providing AFSP resource booklets to the officers.