

Washtenaw Alive meeting minutes – Friday August 5, 2011

Attending: Nathan Edmunds, Jennifer, Stephanie Salazar, Quinn Lapeer, Mary Jane Bottanari, Edwina Jarrett, Michelle Rivette, Sharon Sheldon, Michelle Rose Armstrong

I. Introductions/Announcements:

- a. Quinn announced that the Washtenaw Area Council for children is going to host a Brown Bag lunch series at the WISD in 2011-12 called "Helping Children Survive Loss". They are looking for a speaker on suicide (general presentation) for the October 2011 session; other topics will include Children of incarcerated parents and children and divorce. There are also open spots for February and March 2012. Contact Quinn if you have ideas.
- b. Mary Jane Bottanari is retiring from her volunteer facilitation of the local Suicide Survivor Group effective December 13. How can Washtenaw Alive help to recruit a new facilitator? Put notice on Washtenaw Alive website and include a short list of responsibilities of a volunteer facilitator.
- c. Stephanie would like a list of people recently trained in safeTalk. August 31 there is an opening for a trainer at Dexter Middle School and this would be a great practice opportunity for one of the newly trained people .

II. Garrett Lee Smith Grant: Sharon provided copies of the Year 3 workplan goals/objectives as submitted to MDCH for funding to begin October 1, 2011 – Sept. 30, 2012.

- A. Youth Leadership and social media campaign - Sharon provided information on Year 3 activities as developed by Suicide ALERT and Karyn Boyce. Nathan reports that he was involved with the development of the video interview project at Huron H.S. He suggested getting connected to Kip Williams who was a mentor for the project (can find his email through the AAPS web directory).
- B. Michelle Rose Armstrong, Liz Spring-Nichols and Nathan Edmunds did a presentation to about 38 pediatricians at SJMHS about Teen Screen and making referrals which was very well received. About 15 pediatricians signed up to receive a free Teen Screen kit. The TES evaluation was administered and follow-up will be done to see how these pediatricians are using the information received in 3-6 months.

Washtenaw Alive members brainstormed ideas for other places to do a similar Teen Screen/referral presentation including: 1) Nursing or nurse practitioner

organizations/groups (ask Jennifer Salerno, RA HS, for ideas) 2) Law enforcement / Juvenile Detection 3) Washtenaw County Medical Society

C. September Suicide Awareness Month Activities

- a. A small group met to continue making plans for a September 23, 2011 - 8:30 – 12 noon annual meeting with a panel presentation about suicide in our county. Nathan said he could help with developing a flyer and Suicide ALERT youth can also assisting with social media promotions for this event which will take place at Washtenaw Community College via Facebook and Twitter.

Notes from Brainstorming session:

- 1)Welcome (no keynote was identified but we were wondering about someone like Cheryl King or some other well known suicide prevention expert.
- 2)Update on Prevention activities.
- 3)GLS Grant
- 4)Washtenaw Alive
- 5)Panel presentation
 1. Veteran attempter who is now recovering very well
 2. A survivor of suicide
 3. Youth who are doing suicide prevention work (the film)
 4. Other ideas?

We had talked before about having the people that were trained in ASIST, safeTALK, safeTALK T4T come as invited guests and have them stand. We also talked about getting a county map and marking all of the locations where people who are trained in ASIST live.