

# HEALTH EQUITY IN WASHTENAW COUNTY



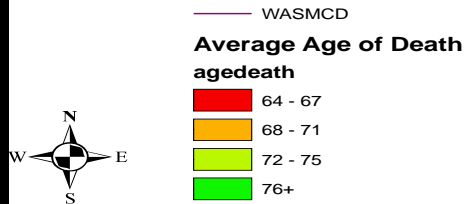
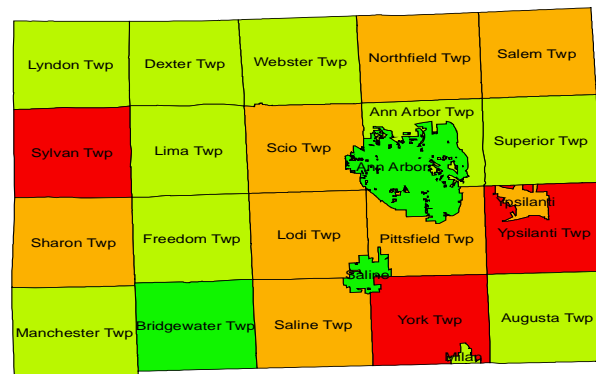
Adreanne Waller, MPH - 9/15/09

Washtenaw County HIP Community Health Committee

- ▣ **1. Health is more than health care.**
- ▣ **2. Health is tied to the distribution of resources.**
- ▣ **3. Racism imposes an added health burden.**
- ▣ **4. The choices we make are shaped by the choice we have.**
- ▣ **5. High demand + low control = chronic stress**
- ▣ **6. Chronic stress can be toxic**
- ▣ **7. Inequality – economic and political – is bad for our health**
- ▣ **8. Social policy is health policy.**
- ▣ **9. Health inequalities are not natural.**
- ▣ **10. We all pay the price for poor health.**

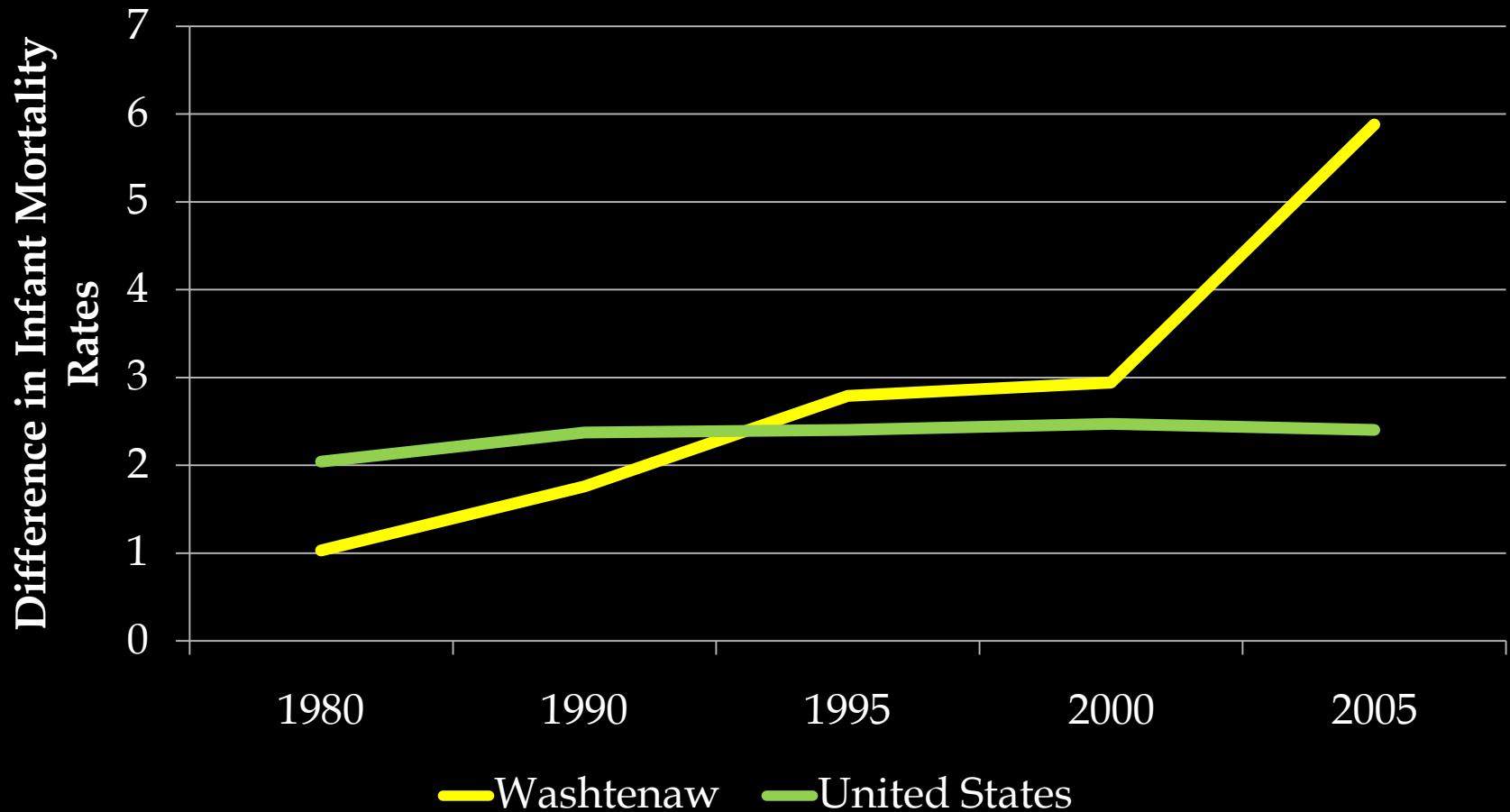
# What should this map look like?

**Average Age of Death  
Washtenaw County Residents by Minor Civil Division  
2006**



Source: Michigan Department of Community Health/Washtenaw County Public Health

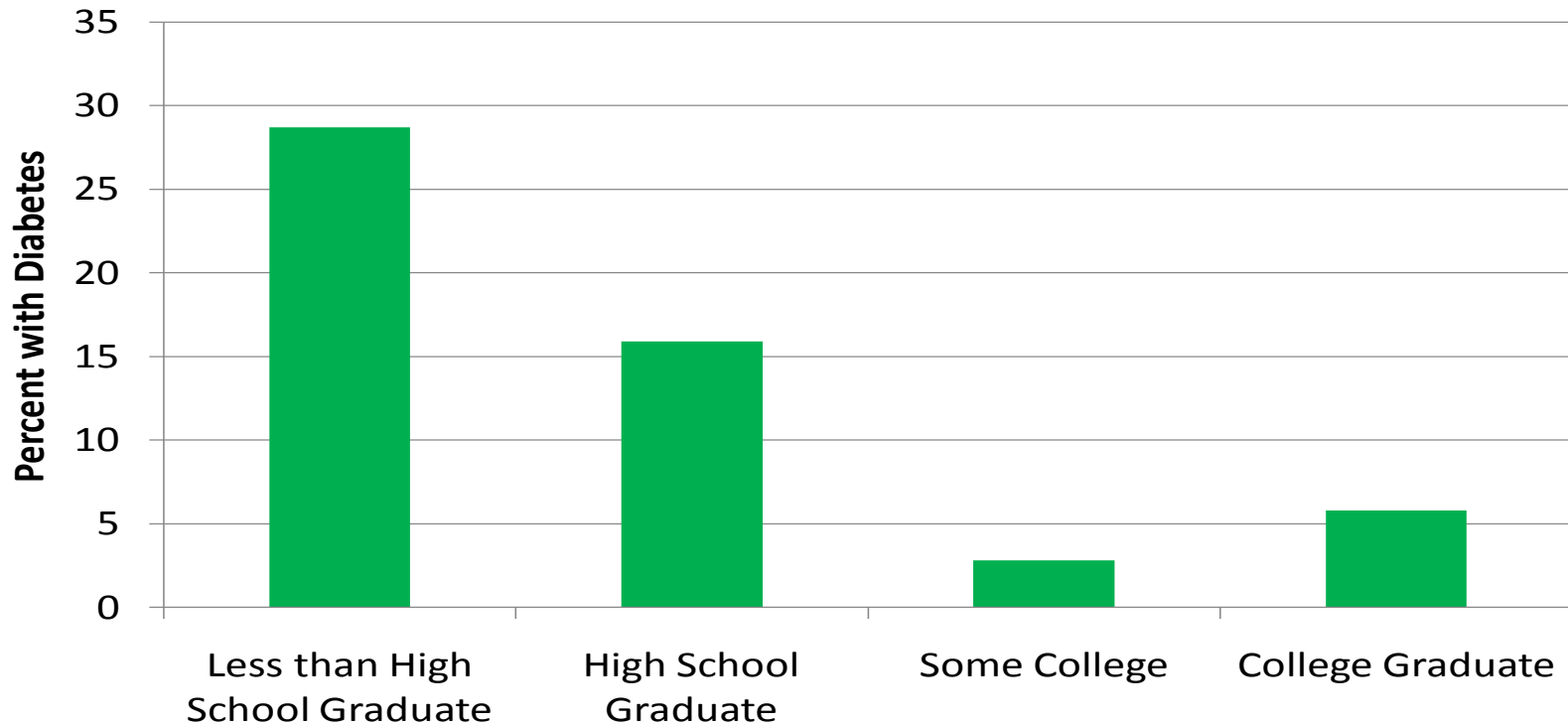
# Infant Mortality Racial Disparity Washtenaw County and United States 1980-2005



# Health is more than health care.



# Adults with Health Insurance Diagnosed with Diabetes by Educational Status Washtenaw County 2005 HIP Survey



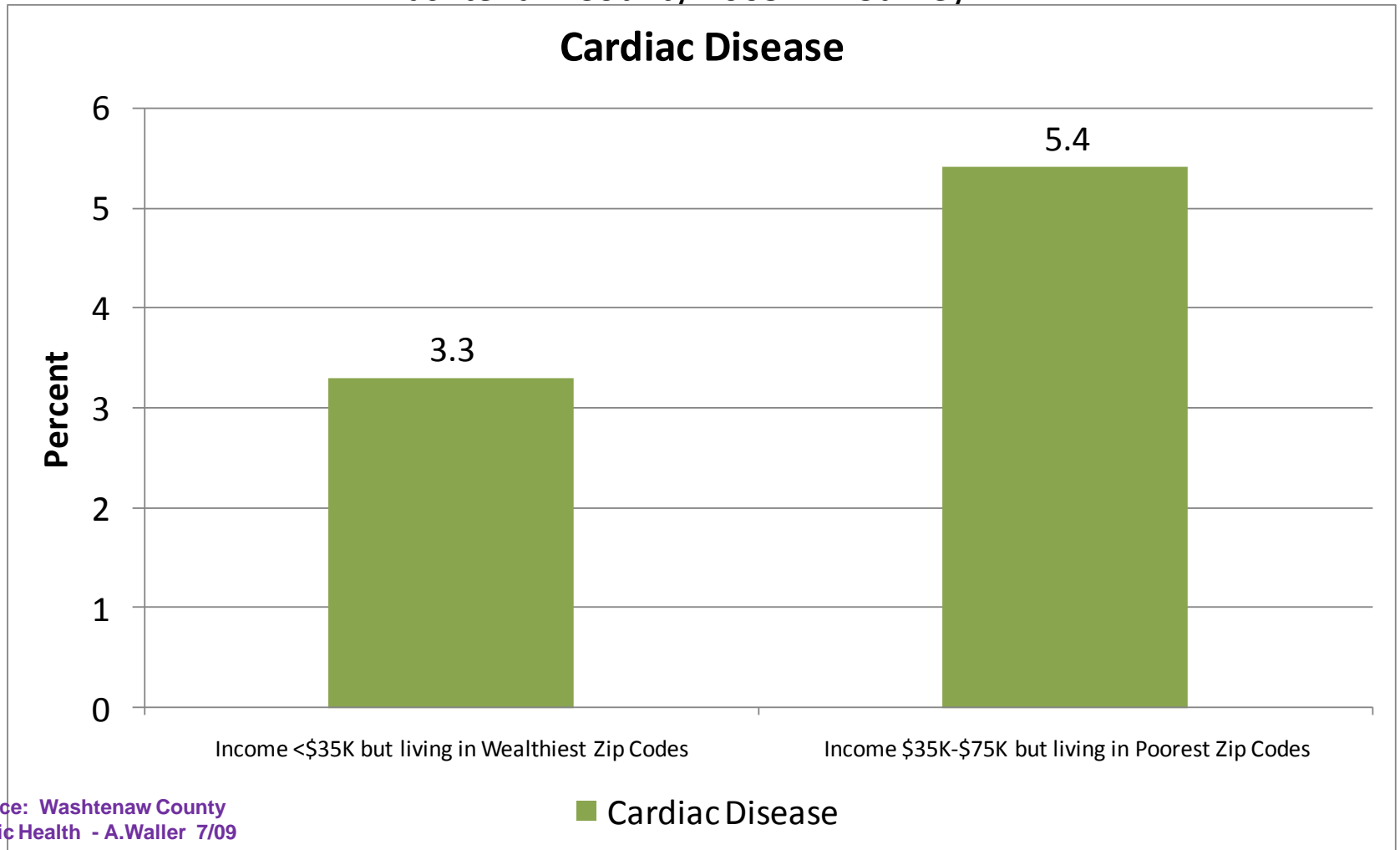
**Why do lesser educated adults with health insurance have higher rates of diabetes than more educated adults with health insurance in Washtenaw ?**

# The choices we make are shaped by the choices we have.



# Low Income Adults 40 Years and Older Living in Wealthy Zip Codes and Higher Income Adults Living in Poorest Zip Codes by Health Outcomes

Washtenaw County 2005 HIP Survey



**Would you rather be low income living in a wealthy community or wealthy living in a low income community? Why?**

**If you were raising children?**

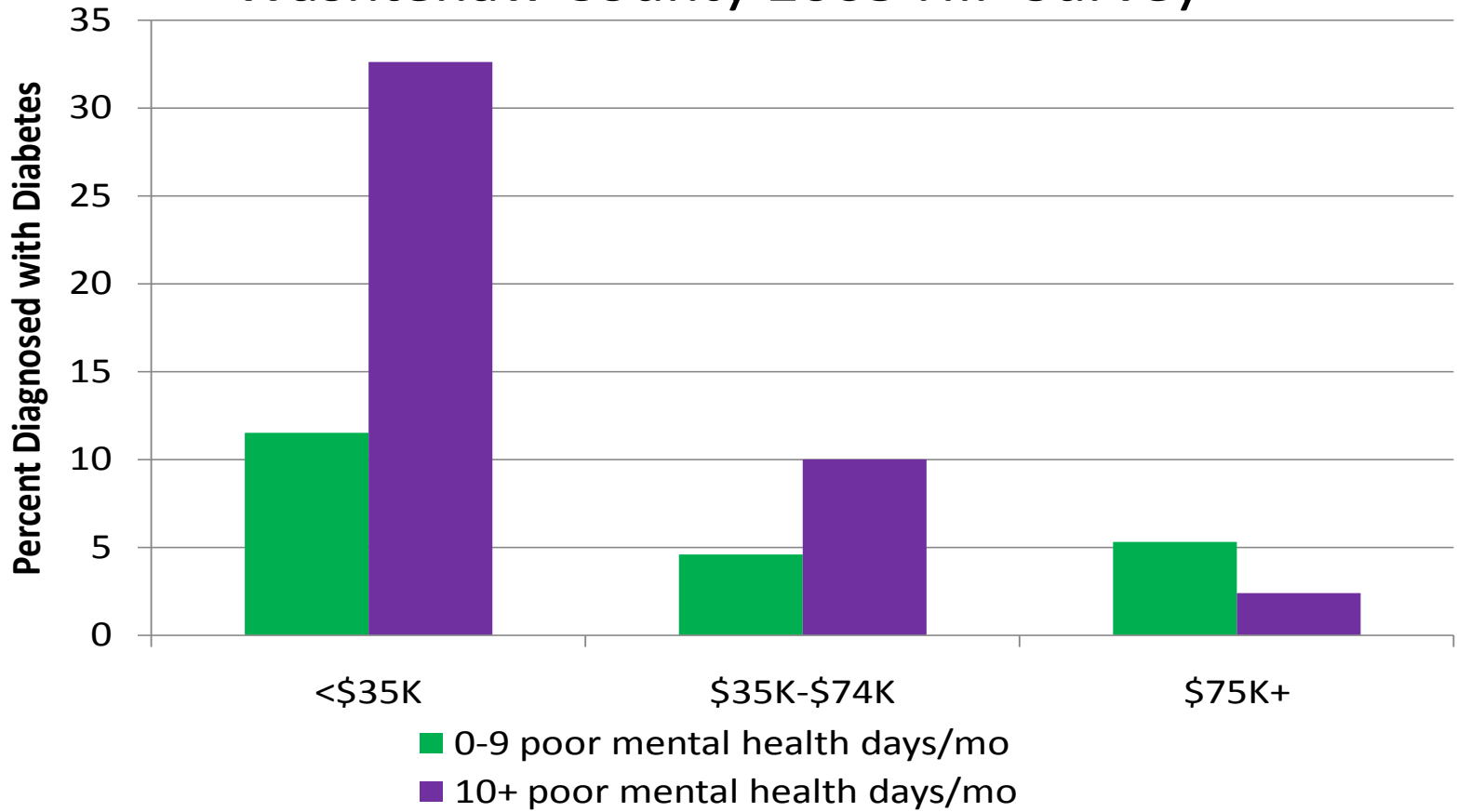
**If you were a senior citizen?**

High demand + low control =  
chronic stress



# Percent of Adults Diagnosed with Diabetes by Number of Poor Mental Health Days per Month by Income Group

## Washtenaw County 2005 HIP Survey

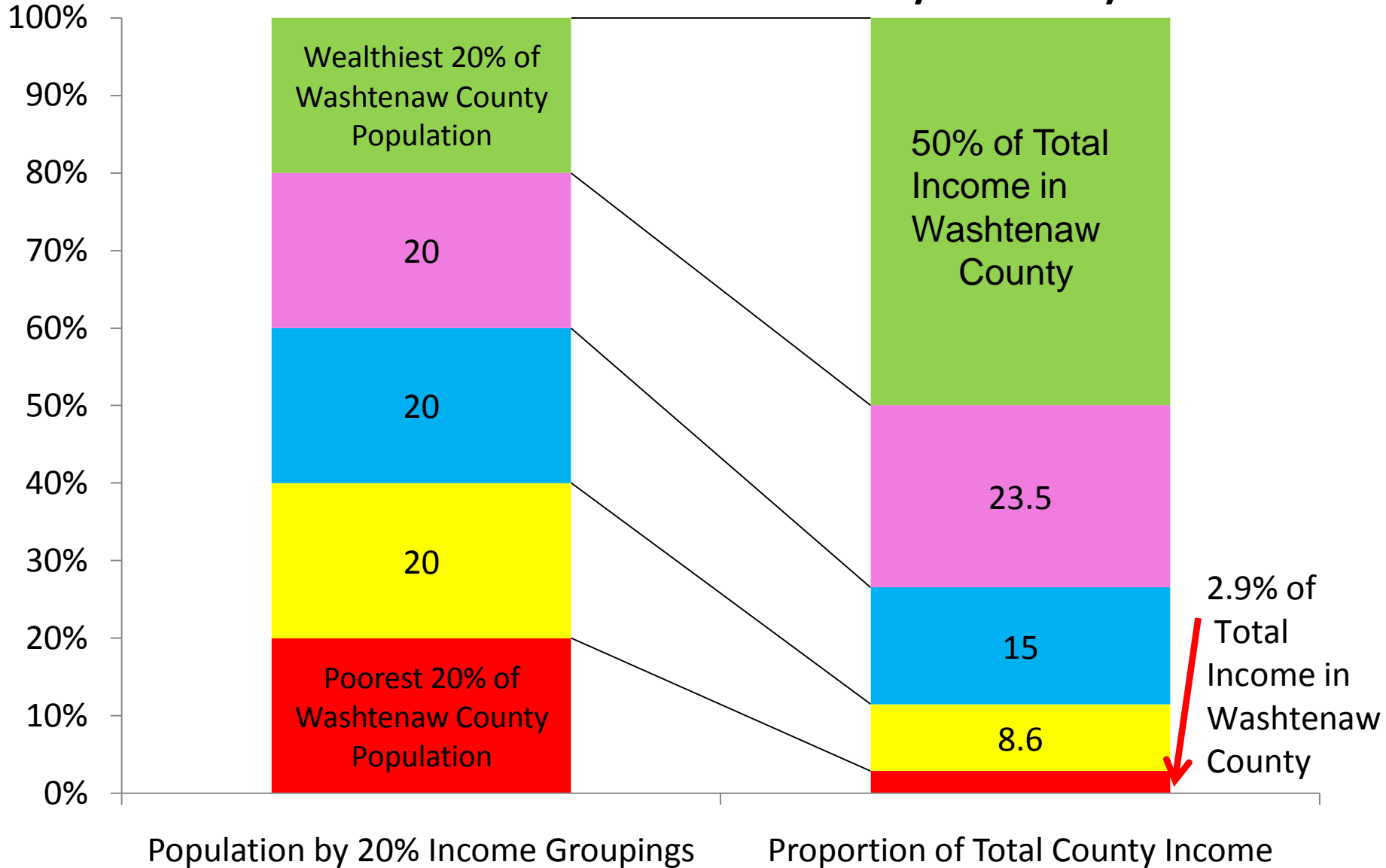


**What community or neighborhood norms and practices might help low income people cope better with challenges that they face?**

# Inequality – economic and political – is bad for our health



# Income Distribution in Washtenaw County - 2005-2007 American Community Survey Data



**Why has income inequality increased in the past five decades?**

**How does income inequality affect health?**