

**Washtenaw County Health Improvement Plan (HIP)
1995-2005 HIP Objectives Report Card**

Progress	Objective	1995 or Baseline Data	Current Data	2005 Objective
Priority Area #1 - HEALTHY KIDS				
Goal I: Decrease preventable chronic and communicable disease rates.				
✓👍	Decrease the annual episodes of asthma for children diagnosed with asthma.	2.3	1.2 (2005)	2.0
✓👍	Decrease the annual rate (per 100,000) of Chlamydia in children ≤ 19 years.	556	379 (2005)	500.4
👍	Increase the percentage of children (19-35 months) who are fully immunized.	28% (2001)	71% (2005) (New reporting standards)	90%
↔	Proportion of overweight children and adolescents (6-17 years).	15.7% (6-17yrs) 7.6% (12-17yrs)	12% (6-17yrs) 9% (12-17yrs) (2005)	10% (6-17yrs)
↔	Proportion of adolescents (12-17 years) who engage in moderate physical activity 30 minutes five or more days per week.	75%	73% (2005) (60min)	75%
Goal II: Improve perinatal health to maximize physical, psychological and cognitive development of infants.				
🗨️	Decrease the infant death rate (per 1,000 births) in African American population.	AA: 13.1 W: 6.3	AA: 15.3 W: 2.6 (2005)	AA: 8.0
👍	Decrease low birth weight (<5.5lb) rate (per 100 live births) for African Americans.	AA: 12.6 W: 5.8	AA: 11.0 W: 6.7 (2005)	AA: 6.8
Goal III: Decrease teen birth rates.				
✓👍	Decrease pregnancy rate among females 15-19 years old.	47.9	30.5 (2005)	52.2
Goal IV: Decrease incidence of child abuse and neglect.				
🗨️	Decrease substantiated child abuse rate (per 100,000) among children <18 years.	245	365 (2005)	134
Goal V: Decrease alcohol, tobacco and illicit drug use.				
↔	Decrease cigarette use in past month by 8 th , 10 th and 12 th graders.	8 th - 15% 10 th - 25% 12 th - 29% (1993)	8 th - 9% 10 th - 15% 12 th - 31% (2001) <i>(not comparable schools)</i>	8 th - 5% 10 th - 15% 12 th - 19%
↔	Decrease alcohol use in past month by 8 th , 10 th and 12 th graders.	8 th - 30% 10 th - 45% 12 th - 51% (1993)	8 th - 17% 10 th - 33% 12 th - 49% (2001) <i>(not comparable schools)</i>	8 th - 18% 10 th - 33% 12 th - 38%
↔	Decrease marijuana use in past month by 8 th , 10 th and 12 th graders.	8 th - 9% 10 th - 23% 12 th - 27% (1993)	8 th - 6% 10 th - 21% 12 th - 29% (2001) <i>(not comparable schools)</i>	8 th - 0% 10 th - 13% 12 th - 17%
↔	Decrease inhalant use in past month by 8 th , 10 th and 12 th graders.	8 th - 7% 10 th - 4% 12 th - 3% (1993)	8 th - 5% 10 th - 4% 12 th - 3% (2001) <i>(not comparable schools)</i>	8 th - 0% 10 th - 13% 12 th - 17%

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Priority Area #2 - HEALTHY ADULTS				
Goal VI: Decrease preventable chronic disease rates and mortality rates.				
	Decrease the years of potential life lost (YPLL) rate (per 100,000) due to diabetes mellitus in AA < 65years. ('0' indicates rates too small to calculate).	AAM: 194 AAF: 62 WM: 44 WF: 54	AAM: 0 AAF: 0 WM: 98 WF: 0 (2005)	AAM: 490 AAF: 116
	Increase the percentage of adults who are at healthy weight.	53% 44.3% (overweight)	48% (2005) 50% (overweight)	55%
	Decrease the years of potential life lost (YPLL) rate (per 100,000) due to cerebrovascular conditions in AA < 65 years. ('0' indicates rates too small to calculate).	AAM: 129 AAF: 62 WM: 167 WF: 96	AAM: 0 AAF: 0 WM: 0 WF: 0 (2005)	AAM: 184 AAF: 175
	Decrease the percentage of adults who smoke cigarettes.	23%	16% (2005)	15%
	Increase % of adults aged 18-39 yrs. who have had their cholesterol checked in the last 5yrs.	64%	93% (2005)	75%
	Decrease the years of potential life lost (YPLL) rate due to breast cancer in persons < 65 years per 100,000.	164	67 (2005)	97.9
	Increase the percentage of women ≥ 40 years who have had an appropriate mammogram screen.	70%	80% (2005)	80%
	Decrease the years of potential life lost (YPLL) rate (per 100,000) due to ischemic heart disease in AA males < 65 yrs.	AA: 581 W : 231.2	AA: 432 W: 287 (2005)	AA: 428
	Percent of adults who engage in moderate physical activity 30 minutes or more 5-7 days per week.	47%	45% (2005)	50%
	Decrease the percentage of adults who report having had an asthma episode in the past year.	8%	10% (2005)	6%
Goal VII: Decrease abusive patterns of alcohol and other drug use among adults.				
	Reduce the proportion of adults who consume excessive amounts of alcohol.	23%	14% (2005)	18%
	Decrease the percentage of adults who use illicit drugs.	7%	7% (2005)	5.1%
Goal VIII: Decrease preventable infectious disease incidence and mortality rates.				
	Decrease the rate of Chlamydia in adults ≥ 20 years.	247	281 (2005)	221.8
	Decrease the rate of new HIV infections in adults.	15.2	10 (2005)	13.5
Goal IX: Improve mental health of county residents.				
	Decrease % of adults reporting 10 or more days of poor mental/emotional health per month.	12%	10% (2005)	7%
	Increase the percentage of adults with severe mental disorder who use community-based programs. (Schizophrenia, Bipolar, & Major depression)	S: 63% B: 35% M: 12%	S: 71% B: 44% M: 15% (1999)	S: 73% B: 45% M: 22%
Goal X: Increase access to quality medical and dental care.				
	Decrease the percentage of the working poor who do not have health insurance.	24%	17% (2005) (<\$35K)	14%
	Decrease the percentage of adults who did not have a routine dental visit in the past year.	21%	29% (2005)	21%

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Priority Area #3 - HEALTHY ENVIRONMENT				
Goal XI: Decrease human exposure to critical environmental pollutants.				
✓👍	Increase the percentage of homes that have been tested for radon.	19%	33.4% (2000)	25%
✓👍	Decrease the amount of air emissions per year (in tons).	188	45 (2005)	111
👍	Increase the percentage of community wells that comply with EPA standards.	45%	93% (2005)	95%
Goal XII: Restore degraded resources and protect the County's environmental quality.				
✓👍	Increase the percentage of household waste that is recycled.	25%	34% (2004)	29%
✓👍	Decrease the number of County sites listed as contaminated on the Michigan Department of Environmental Quality list.	61	63 (2005)	55
Goal XIII: Reduce the negative effects of environmental hazards on human health.				
✓👍	Examine frequency and distribution of asthma in the County and their association with the environment (no current local studies). **	(Study was done.) Published <i>Asthma Profile of Washtenaw County</i> . See HIP website: http://hip.ewashtenaw.org		
✓👍	Establish plan to define, track and identify link between environmental health and chronic disease.	Examined 'built environment' and land use patterns effects on healthy eating, and physical activity and related morbidity. See HIP website: http://hip.ewashtenaw.org		

Priority Area #4 - SAFE COMMUNITIES				
Goal XIV: Decrease interpersonal intentional injury rate.				
✓👍	Decrease the rate of homicide among African American males.	AAM: 49 W: 2.6	AA: 25.6 WM: 0.8 (2003)	AA: 26.1
✓👍	Decrease the rate of sexual assault among females ≥ 10 years (includes rape).	128.7	106 (2005)	108
👎	Decrease the domestic violence victim rate (per 100,000).	336.1	436 (2005)	319.3
Goal XV: Reduce abusive patterns of alcohol and other drug use among adults.				
👎	Reduce the incidence of self-reported drinking and driving.	5%	7% (2005)	3.5%
✓👍	Reduce the number of arrests related to driving under the influence (DUI) per 100,000.	453.1	346 (2005)	447.4

KEY	
AA	African American
W	White
M	Male
F	Female
Baseline	Baseline data are from 1995 unless otherwise indicated.
Progress	"Progress" indicates change in average between 1995-1999 and 2000-current.
👍	Moving in the right direction toward 2005 Objective.
👎	Moving in the wrong direction from 2005 Objective.
↔	No change, no new data or unclear trend.
✓	2005 HIP objective has been met.

Revised 4/20/07