

Discussion Groups

These online spaces are great for breastfeeding moms to share information with one another! Just be sure to check with your health care provider for accurate medical advice.

KellyMom.com—Breastfeeding & Parenting

www.kellymom.com

@KellyMomdotcom



La Leche League Mother-to-Mother Forums

forums.llli.org

@LaLecheLeague1



Mothering.com—Inspiring Natural Families

www.mothering.com/community/f/

Motherwear's Breastfeeding Blog

breastfeeding.blog.motherwear.com

Secrets of Baby Behavior

www.secretsofbabybehavior.com

Medications

Always consult a licensed health care professional before taking over-the-counter, prescription medications, or dietary and herbal supplements.

For online information regarding medications and breastfeeding:

LactMed—Drugs & Lactation Database

www.toxnet.nlm.nih.gov/cgi-bin/sis/htmlgen?LACT

Infant Risk Center

www.infantrisk.com



Websites

WORKING MOMS

BreastmilkCounts.com—Working Moms

www.breastmilkcounts.com/working-moms.html

WomensHealth.gov—Business Case for Breastfeeding

www.womenshealth.gov/breastfeeding/government-in-action/business-case-for-breastfeeding/

WorkAndPump.com—Breastfeeding for Working Mothers

www.workandpump.com

Is your employer a good supporter of breastfeeding?

Washtenaw County Business Breastfeeding Support

www.washtenawbfcoalition.org

DADS

March of Dimes—About Your New Baby

www.marchofdimes.com/baby/baby.html

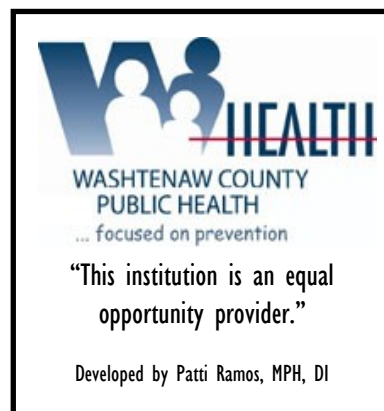
@marchofdimes



24-Hour Cribside Assistance

www.newdadmanual.ca

@newdadmanual



WASHTENAW COUNTY

Breastfeeding Connections

A Resource Guide for Breastfeeding Families



Free Breastfeeding Support

- Breastfeeding Center of Ann Arbor** (734) 975-6534
www.bfcaa.com
- Indigo Forest, Ann Arbor** (734) 994-8010
visitindigo.com
- La Leche League of Ann Arbor** (734) 332-9080
www.lllaa.org
- Muslim Mommies Support Group** (734) 330-9317
- Peer to Peer Support**
For WIC clients only Keleigh Lee (734) 218-0348
- Women, Infant, & Children (WIC) Program**
Gayathri Akella, MS, RD, IBCLC (734) 544-6794

Susana Arias, RD (734) 544-6800
Spanish-speaking

WIC Peer Counselors: (734)544-2995
Rose Coleman
Teen Breastfeeding Specialist
Erica McLeod
April Herzig
Tamika Witherspoon

Prenatal Breastfeeding Classes

- Center for the Childbearing Years** (734) 663-1523
- Lamaze Family Center of Ann Arbor** (734) 973-1014
- St. Joseph Mercy Hospital** (800) 231-2211
www.sjmercyhealth.org
- Ypsilanti Public Health Department** (734) 544-6800



Lactation Consultants

All consultants are International Board Certified Lactation Consultants (IBCLCs). Fee involved.

- Amy Slotten, RN, IBCLC** (734) 945-4765
- Barb Martinez, RN** (734) 645-1351
- Barbara Robertson, MA, IBCLC, RLC** (734) 975-6534
- Keleigh Lee, MS, IBCLC** (734) 218-0348
- Marilee Woodworth, IBCLC** (734) 995-3155
- Sherril Black, LPN, IBCLC** (734) 718-2061
- Portpartum Depression Support Group of Greater Ann Arbor** (734) 418-2683
www.ppd-annarbor.org
- Lisa Hartmann, IBCLC** (734) 846-1922

Breast Pumps

RENT ONLY

Busch's Pharmacy Stores

- Ann Arbor (Green Road)* (734) 994-7246
Dexter (734) 424-0398
Saline (734) 994-4333

Indigo Forest, Ann Arbor (734) 994-8010

Women, Infants, & Children (WIC) Program (734) 544-3600
For WIC clients only

SALES ONLY

- Babies R Us, Ypsilanti** (734) 477-0943

Breastfeeding Center of Ann Arbor (734) 975-6534

My Urban Toddler, Saline (734) 944-3628

Nature's Best, Dexter (734) 645-1351

RENT & SALES

- Advanced Medical Solutions, Ypsilanti** (734) 528-2522

MedEQUIP, Ann Arbor (734) 971-0975

