

Lung Cancer

STATISTICS:

- Lung cancer is the leading cause of all cancer-related deaths in Michigan and the U.S.
- Lung cancer is the 2nd most frequently diagnosed cancer in Michigan for both men and women.
- During 2003, a total of 7,636 Michigan men and women were diagnosed with lung cancer.
- In 2004, 5,822 Michigan men and women died of lung cancer.
- Michigan ranks 21st in the nation in lung cancer deaths.
- In 2006, the American Cancer Society estimates that there will be 6,240 new cases of lung cancer and 5,810 lung cancer deaths in Michigan.

Cancer Prevention and Control Month

RESOURCES:

Washtenaw County Public Health

<http://publichealth.ewashtenaw.org>

Michigan Cancer Consortium

www.michigancancer.org

Michigan Steps Up

www.michiganstepsup.org

Smoke-Free Michigan

www.smokefreemichigan.org

American Cancer Society

www.cancer.org

American Lung Association

www.lungusa.org

Centers for Disease Control and Prevention

www.cdc.gov/tobacco

Lung Cancer Alliance

www.lungcanceralliance.org

National Cancer Institute

www.cancer.gov/cancerinfo/tobacco



WHAT YOU SHOULD KNOW:

- Smoking is the leading risk factor for lung cancer. More than 95% of lung cancers that occur among current smokers were found to be a result of smoking.
- Non-smokers who breathe second-hand smoke have an increased risk of developing lung cancer. Non-smoking spouses of smokers have a 30 percent greater risk of developing lung cancer than do spouses of non-smokers.
- Other factors that increase an individual's risk of developing lung cancer include:
 - Increasing age
 - A personal history of lung cancer
 - Environmental exposure to asbestos, radon, or other specific cancer-causing agents in the workplace or home.

The best way to prevent lung cancer is not to smoke and to avoid secondhand smoke.

SMOKING CESSATION RESOURCES:

Washtenaw County Services:

Visit <http://publichealth.ewashtenaw.org/quit>

Telephone Services:

- Michigan Tobacco Quit Line **1-800-480-QUIT**
- National Cancer Institute **1-877-448-7848**

Online Services:

- National Cancer Institute's Live Help www.cancer.gov
- American Lung Association's Freedom from Smoking Program www.lungusa.org
- Try-To-Stop Resource Center www.trytostop.org
- Quit Net – Quit All Together www.quitnet.com

Materials:

Tobacco cessation resource materials, including the Michigan Smoker's Quit Kit, are available through the Health Promotions Clearinghouse online at www.hpclearinghouse.org or by calling 1-800-537-5666.