

Are You at Risk for Hepatitis B or C?

First Get the Facts...

Fact: An important part of health care is detecting diseases before symptoms occur.

Fact: Some diseases, including hepatitis B and C (which attack the liver), may not show any symptoms until the disease has progressed. Hepatitis B and C are viral infections that, if left untreated, can be life threatening.

Fact: Almost everyone is at some risk of getting hepatitis, but certain factors are associated with an increased risk.

Are you, or someone you know at risk?

Take the Risk Quiz

Answer each question yes or no.

1 Work History

Does your work ever put you in contact with blood, blood products, or needles?

Examples:

- Armed Forces: Army, Navy, Air Force, Reserves, VA Hospital or Home, Coast Guard
- Health Care: Doctors, Nurses, Dentists or Dental Workers, Oral Surgeons, Hospital Cleaning Services
- Emergency Services: Police Officers, Firefighters, Paramedics
- Prison Services: Corrections Officers, Prison Cleaning Services
- Science Labs
- Clinical Labs
- Tattooists
- Beauticians, Barbers
- Institution Workers: Nursing Homes/Elderly Care, Psychiatric Hospitals, Substance Abuse Centers, Hospices

YES

NO

2 Medical History

Currently, or in the past, have you experienced any of the following?

- Blood transfusion prior to 1992 (C only)
- Chronic fatigue/tiredness for which your doctor was unable to find an explanation
- Any surgery, including oral surgery
- Endoscopy or other exploratory procedure (oral, nasal, rectal)
- Cesarean delivery or other obstetric or gynecological surgical intervention
- Diagnosis of HIV-positive
- Kidney dialysis
- Elevated liver enzymes test (ALT)
- Diagnosis of Hepatitis B or C

YES

NO

3 Lifestyle

Currently, or in the past, have you:

- Had a tattoo?
- Had any part of your body pierced?
- Had acupuncture?
- Received a shave in a barbershop?
- Been in the military/
- Changed sex partners frequently?
- Inhaled cocaine?
- Been in prison?
- Injected drugs (even once)?
- Had a problem with alcoholism?
- Had unprotected sex with anybody who you know would fit any of the descriptions above?

YES

NO

4 Family History

Do any of the above descriptions apply to a member of your immediate family, or has a member of your immediate family been diagnosed with hepatitis B or C?

YES

NO

If you answered YES to any of these questions, ask your doctor about being tested or call the Washtenaw County Adult Clinic at (734) 544-6840 for information and clinic times.