

Pool Schedule Fall, Winter, Spring

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
6 - 9 am	Recreation Center opens at 12:00	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim*	Lap Swim* 8-9			
9-10 am		Water Aerobics	Water Aerobics	Water Aerobics	Water Aerobics	Water Aerobics	Water Aerobics			
10-11am		Open Swim	Water Aerobics	Open Swim	Water Aerobics	Open Swim	Youth Swim			
11 - 1 pm		Lap Swim* 12-2 pm	<i>All Age Lap Swim**</i>	<i>All Age Lap Swim**</i>	<i>All Age Lap Swim**</i>	<i>All Age Lap Swim**</i>	<i>All Age Lap Swim**</i>	Classes 10 -1:15		
1 - 5 pm			Open Swim	Open Swim	Open Swim	Open Swim 1-4	Open Swim		Open Swim 1:15-4:30	
5 - 6 pm		Private Swim Lessons 2-4 pm	<i>All Age Lap Swim**</i>	<i>All Age Lap Swim**</i> 5-7pm	<i>All Age Lap Swim**</i>	Youth Swim Classes 4-6	<i>All Age Lap Swim**</i> 5-7pm	<i>All Age Lap Swim**</i> 4:30-5:45		
		Open Swim 4-8 pm							Water Aerobics	Water Aerobics
7 - 9 pm			Lap Swim* 8-9:45		Swim Class 7-8	Open Swim			Swim Class 7-8	Open Swim
	9-9:45 pm	Lap Swim* 8-9:45			Lap Swim*	Lap Swim* 8-9:45			Lap Swim*	Lap Swim*

NOTE – The pool schedule is subject to change without advanced notice.

*Lap Swim is for individuals 16 years of age and up
***All Age Lap Swim is for all ages to swim laps ONLY*

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Pool Information:

The locker rooms are closed for cleaning Mon. – Fri. at these times:

Men’s- 10:15 – 10:45 a.m., Women’s- 2:00-2:30 p.m.

Shaded areas = pool closed for that scheduled activity only.

Lap Swim = Must be 16 years old to participate.

All Age Lap Swim = Swimmers of all ages must be able to swim one lap without stopping in order to participate. This time is to allow younger members and guests more opportunity to swim laps.

Open Swim = All swimming activities welcome. Policies for Children 12 and under:

- ★ Children who are 5 and under, an adult must be with the child in the water at all times. ***
- ★ Children who are 6-8 who CANNOT* swim, an adult must be with the child in the water at all times. ***
- ★ Children who are 6-8 who CAN** swim, an adult must be in the pool area at all times.
- ★ Children who are 9-12 who CANNOT* swim, an adult must be in the pool area at all times.
- ★ Children who are 9-12 who CAN** swim, an adult must be in the building at all times.

*Children who “CANNOT” swim simply means that they did not pass the deep end swim test, which consist of swimming one full length of the pool without stopping and immediately treading water for 60 seconds without stopping.

**Children who “CAN” swim are able to pass the deep end swim test.

***Adults required to be in the water may not swim laps until the children exit the pool or another adult takes over supervision.

Family Fun Night is a special open swim where all the lane lines are removed and we fill the pool with special floats and toys. Fun for the whole Family!

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