

# Southeast Michigan Regional Protocol

Genesee, HEMS (Wayne), Lapeer, Macomb, Oakland, and Washtenaw/Livingston MCA's

## Diabetic Emergencies

### Pre-Radio

#### MFR/EMT/SPECIALIST/PARAMEDIC

1. Follow General Pre-Hospital Care Protocol.
2. Obtain pertinent medical history, including:
  - a. Time and amount of last insulin dose
  - b. Time of patient's last meal
  - c. Recent or current illness, recent heavy exercise or stress
  - d. Pregnancy

#### EMT/SPECIALIST/PARAMEDIC

3. Obtain blood glucose level if equipment is available
4. Administer oral glucose agent if patient is awake and has an adequate gag reflex.

#### SPECIALIST/PARAMEDIC:

5. Start an IV NS KVO

#### PARAMEDIC (GENESEE-LAPEER SPECIALIST)

6. Check blood glucose level. If less than 80 mg/dl then administer Dextrose 50% (D50), 25 gm, IV, if symptomatic.
7. If partial or transient response to Dextrose 50% (D50) repeat initial dose.
8. Administer additional Dextrose 50% (D50), as indicated.

**Note:** If the patient is hyperglycemic do not administer glucose or insulin, but only provide support. If you are not sure, treat as hypoglycemic.