

Parenting On Your Own

A Session for Single Parents

WHERE

Washtenaw County
Michigan State University Extension
Hope Center
518 Harriet Street
Ypsilanti, MI 48197

WHEN

Every Thursday

TIME

10:30 am – 11:30 am

COST

FREE

DETAILS

- Feeling Good About Yourself
- Turning Lonely Into Alone
- Friendship & Support
- Managing Stress
- Communication
- Parenting Teenagers
- Discipline
- Providing Care For Your Child
- Building Self Esteem
- Helping Kids Learn
- When There's Not Enough Time
- Communication

Participants will receive a certificate of completion if they attend six of the classes.

For more information feel free to call Terry Jones at 222-3943 or Hope Center at 484-2989. Registration is requested.

MICHIGAN STATE
UNIVERSITY
EXTENSION

Extension programs are open to all without regard to race, color, national origin, sex, handicap, age or religion. Handicapper accommodations may be requested by calling the Extension office, at 734/997-1678, two weeks prior to the program to ensure sufficient time to make arrangements. Requests received later will be met when possible.

