

Parenting On Your Own

A Session for Single Parents

WHERE

Washtenaw County
Michigan State University Extension
Hope Center
518 Harriet Street
Ypsilanti, MI 48197

WHEN

Every Tuesday

TIME

10:30 a.m. – 11:30 a.m.

COST

FREE

DETAILS

- Feeling Good About Yourself
- Turning Lonely Into Alone
- Friendship & Support
- Managing Stress
- Communication
- Parenting Teenagers
- Discipline
- Providing Care For Your Child
- Building Self Esteem
- Helping Kids Learn
- When There's Not Enough Time
- Communication

Participants will receive a certificate of completion if they attend six of the classes.

For more information feel free to call Terry Jones at 222-3943 or Hope Center at 484-2989. Registration is requested.

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