



# 2012 Southeast Region 4-H LeaderMeet and Regional Awards Banquet

March 31, 2012- Macomb County Intermediate School District

44001 Garfield Road, Clinton Township, MI 48038

- Open to Youth and Adult Leaders (ages 11 and up)
- Sessions presented by enthusiastic MSUE Staff and Volunteers
- Registration includes buffet lunch and all sessions\*
- Lunch highlights Regional 4-H State Award Finalists
- A chance to meet leaders from across the region
- Learn new ideas to bring back to your county program
- Lots of shopping and attractions in the area!

Please complete, detach, and return registration form with payment: **REGISTRATION DUE BY MARCH 14**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, Zip: \_\_\_\_\_

County: \_\_\_\_\_ 4-H Member \_\_\_\_ 4-H Leader \_\_\_\_ Other \_\_\_\_

Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

Check One:

- SE Region 4-H Participants: \$20
- Non-SE Region 4-H Participants: \$25
- Banquet/Lunch-Only: \$15

SE Region includes counties of: Saginaw, Sanilac, Tuscola, Huron, St. Clair, Lapeer, Genesee, Wayne, Oakland, Macomb, Monroe, Livingston, and Washtenaw.

SESSION CHOICES: Indicate by class letter your first 3 choices in either 4 one-hour sessions or 2 two-hour sessions or a combination. Sessions will be filled on a first come, first serve basis and may be canceled due to low enrollment. NOTE: Sessions I & IV are two-hour sessions.

\*NOTE: Extra Session costs should be paid the day of the event, not before, do not include in your check

Session	I 2 hrs.	II 1 hr.	III 1 hr.	IV 2 hrs.	V 1 hr.	VI 1 hr.
1 <sup>st</sup> choice						
2 <sup>nd</sup> choice						
3 <sup>rd</sup> choice						

Checks payable and mail to:

MSU Extension 4-H  
North Office Building  
1200 North Telegraph, Dept 416  
Pontiac, MI 48341

**REGISTRATION DUE BY MARCH 14**

## Registration: 8:15-8:45

### Breakout Session I: 8:45-10:45 (2 hour)

- A. **State Awards Winners** - Southeast Regional winners will have the opportunity to review and make corrections on the 2012 Awards Form. This will also give you an opportunity to view other forms, to get formatting and compilation ideas, to make an award winner. Interview skills will also be discussed. Bring your award form on a flash drive to edit in our computer lab.
- B. **Science for Everybody** - What do helicopters have to do with learning life skills? This session is for everyone who enjoys sharing fun, interactive activities with young people. Come and learn how experiential, Inquiry-based Science activities significantly enhance the process of developing key life skills such as decision-making and problem-solving. Discover what Inquiry-based Learning is and why you don't have to be a trained scientist to make it happen in your 4-H Club! You'll be amazed at how easy it is to lead fun activities that build youth excitement around all types of Science, no matter what project area you're exploring.
- C. **Rug Hooking/Locker Hooking** - Learn how to use recycled plastic bags to hook items such as rugs, coasters, runners, etc. Locker hooking is created by threading twine through the eye in the locker hook tool. Yarn, cloth or other materials are pulled through several holes creating loops in the mesh fabric and the twine is drawn through the loops locking it in place. Cost: \$5.00 for locker hooking needle that participant will keep.
- D. **What Do We Eat** - What we chose to eat has grown more complicated by the day. Take a virtual walk through each supermarket section—produce, dairy, meat, fish—exploring the issues, cutting through foodie jargon and complicated nutrition labels, and debunking the misleading health claim. Learn the basics about My Plate/My Pyramid, unravel the myths and facts about fats, sugars and fiber, and how to eat sensibly and nutritiously. This forum will help youth and families discover simple tips to healthier choices while enjoying favorite foods. Hands on activities, and healthy snack provided. Cost: \$3.50
- E. **Officer Roles and Parliamentary Procedure** – Do you want to run your 4-H meeting more effectively? Come to this session and learn how to get meetings done sooner and get more accomplished in the time you have.
- F. **Leadership and Service through Animal Science Projects** - What is service learning? How can service learning be part of a 4-H animal science project? In this session you will brainstorm ideas for service learning projects related to animal science. You will also learn how to implement these ideas in your club or county.

### Breakout Session II: 8:45-9:45 (1 hour)

- G. **Expanding Your Horse Project Horizons** - Looking for ways to enhance your 4-H Horse & Pony project? This session will share a wealth of activities that will help any young person (or leader!) develop their equine knowledge in a variety of different ways. Join us to "Expand Your Horse Project Horizons!"
- H. **Life Skills Workshop** - Would you like to enhance your effectiveness in helping youth understand the life skills that they are developing as they participate in 4-H projects and activities? This workshop is designed to help equip adults who work with youth to more effectively teach youth to make connections between the projects they engage in and the life skills that they are learning as they engage in these 4-H projects. Participants will explore how youth can apply life skills in activities and we will discuss the "experiential learning process" as it relates to application of life skills in 4-H project engagement.

### Breakout Session III: 10:00-11:00 (1 hour)

- I. **Leading a Youth Driven Farmstand** - Do you have a difficult time involving and engaging older 4-H'ers and teens? Why not try a different approach? Local community food systems and issues of urban land use have been hot topics in communities throughout the nation. Do you have an urban garden site? Are you interested in creating one? Join us and delve in to how your 4-H'ers can take action in the community while learning valuable business

and entrepreneurship skills. This incentive based approach to learning is bound to be one of your clubs favorite projects.

- J. **Character Building Through Theatre** - Interactive theatre is a dynamic way to bring youth together to examine issues of character, such as equality, personal justice and responsibility and then to identify constructive ways of dealing with these issues. In this session you will have fun with theatre games and at the same time learn how to use the new 4-H *Youth Take the Stage* curriculum. Discover that anyone, with or without theatre training, can perform gripping stories.

### **Lunch & Southeast Region Awards Banquet: 11:00-12:30**

#### **Session IV: 12:30-2:30 (2 hour)**

- K. **Turn Your Passion Into Profits** - Do you have a skill that can be used to make a profit? Do you enjoy making things or being creative in your spare time? It is time to turn those creations into cash that will flow right into the bank. Learn what it takes to market, sell, and profit from the projects you make. Profitable crafts will be made during class. Cost: \$3
- L. **Youth Adult Partnerships** - This session helps adults understand the need for young people to be involved in making decisions about the programs that affect them and to understand that young people have significant contributions to make to the current program and future endeavors. Be an agent of change; engage youth as partners in, rather than recipients of programs!
- M. **Interviews that Get Results** - Are you thinking about looking for a job or an internship? Are you interested in King and Queen, State Awards, or getting a blue ribbon or even best of show at the fair? If you answered yes to any of these, then this workshop is for you. At this workshop you will learn how to put your best foot forward and impress potential employers and judges. Youth will gain confidence in interviewing and gain real life experience interviewing with adults.
- N. **Outdoor Adventure Challenge**- Come and find out what 4-H Outdoor Adventure Challenge has to offer you. Using the great outdoors as our classroom we strive to help teens learn to appreciate the natural environment, develop leadership skills, teamwork and self-reliance. This is done through outdoor activities, initiative games and processing.
- O. **Real Colors**-This session examines four different personality “colors” that seek to explain why humans act the way they do. Real Colors provides a tool for understanding human behavior, for uncovering motivators specific to each personality, and for improving communications skills. A great session for youth and adults that want to improve the way they interact with and understand others. Cost: \$5
- P. **Conflict Resolution & Decision Making** - Teen leaders and club officers have the responsibility of helping groups plan, make decisions and take action. This session gives teens the opportunity to learn and practice valuable skills to be successful leaders. Participants in this session will learn effective ways to generate ideas in a group, handle conflicts, and move a group to action.

#### **Session V: 12:30-1:20 (1 hour)**

- Q. **Powerpoint Presentations** - Learn how to build engaging presentations to capture and intrigue your audience. See how you can use PowerPoint as a powerful visual aid to any message. Find out how you can add text, video, audio, graphics and animation to your presentations.
- R. **Roundtable – Horses** (will be repeated in Session VI) – Learn how to make your horse program about more than just competition. Discuss with 4-H members and leaders in other counties about how to make the program more educational and different ways to select state delegates.
- S. **Roundtable – Superintendents** (will be repeated in Session VI) – Discuss with a panel of 4-H Superintendents what they do to make their show days run smoothly. You can also share what has worked in your county.

- T. **Roundtable – How to Run A Livestock Auction Smoothly** (will be repeated in Session VI) – Livestock auctions run differently in each county. Come learn from each other what works and what doesn't.

**Session VI: 1:45-2:45 (1 hour)**

- U. **How to Make Science Pop** - Animal science programs are fun, hands on, and exciting learning opportunities for youth, but have you ever thought about just how many science concepts are in animal science? Science literacy is an important component of 4-H programs and this session will help you identify science concepts and learn how to teach them in a fun and exciting way.
- V. **Marketing Your Livestock Project**-Learn how to get the most from your livestock project at an auction. By working with potential buyers, you can increase the profitability significantly.
- W. **Roundtable – Horses** (repeated from Session V)
- X. **Roundtable – Superintendents** (repeated from Session V)
- Y. **Roundtable – How to Run A Livestock Auction Smoothly** (repeated from Session V)

**Poster Sessions: (Available during registration, lunch & breaks)**

1. Officer Training
2. Be SAFE
3. Thank You notes
4. International Exchanges
5. Macomb County Conservation District – Environmental Education

\*\*\*\*\*

While in Macomb, be sure to leave time to visit the nearby M-59/Hall Road Corridor featuring more than 2,000 places to shop, dine and be entertained.

Retail centers occupy more than 19 million square feet including 3 regional indoor shopping centers: [Lakeside Mall](#), [Macomb Mall](#) and [Universal Mall](#). In 2007, [The Mall at Partridge Creek](#), a 600,000-square-foot open-air shopping center set on 55 acres, opened in [Clinton Township](#). Major retail anchors there include Nordstrom, Parisian and MJR Theatres. For those that enjoy a less colossal experience, there are six old-fashioned downtowns in Macomb County that provide a charming assortment of specialty boutiques, antique markets and art galleries, along with lovely places to dine.

If a little fresh air is more to your liking, you can't go wrong with a visit to one of three Huron Clinton Metroparks ([www.metroparks.com](http://www.metroparks.com)).

There are also many hotels in the area within 3 miles of the Macomb Intermediate School District. For your convenience, just a few are listed here:

- 1) Best Western 44315 Gratiot Ave, Clinton Township, MI 48036 (800) 842-7438
- 2) Towneplace Suites 14800 Lakeside Cir, Sterling Heights, MI 48313 (586) 566-0900
- 3) Hyatt Place Detroit 45400 Park Ave, Utica, MI (586) 803-0100
- 4) Holiday Inn Express Hotel and Suites 45555 Utica Park Boulevard, Utica, (877) 863-4780
- 5) Hampton Inn Lexington Drive, Charter Township of Clinton, (660) 885-4488

For those who need special accommodations, please contact Kathy Jamieson at 586-469-6431 or [jamies13@anr.msu.edu](mailto:jamies13@anr.msu.edu) one month before the event. MSU is an affirmative-action, equal-opportunity employer. Michigan State University Extension programs and materials are open to all without regard to race, color, national origin, gender, gender identity, religion, age, height, weight, disability, political beliefs, sexual orientation, marital status, family status or veteran status. Issued in furtherance of MSU Extension

work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture. Thomas G. Coon, Director, MSU Extension, East Lansing, MI 48824. This information is for educational purposes only. Reference to commercial products or trade names does not imply endorsement by MSU Extension or bias against those not mentioned.