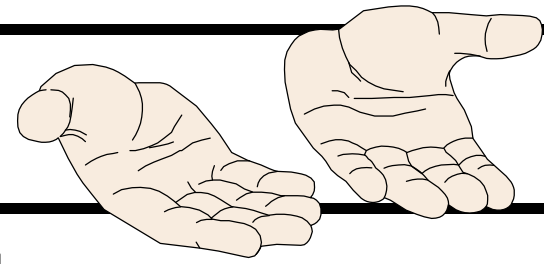


# WASH YOUR HANDS



Protect yourself and others!

## BEFORE

- Beginning work
- Handling, preparing or serving foods
- Handling clean dishes and utensils



## AFTER

- Using the restroom
- Touching your hair, mouth, nose, or face
- Preparing or serving food
- Smoking or eating



**Any time your hands are unclean!**



All workers must wear clean outer garments and keep their hands clean at all times when handling food, utensils or equipment. Adequate and convenient hand washing facilities must be provided. These facilities **MUST** include: 1) hot and cold running water  
2) soap  
3) approved sanitary towels (The use of a common towel is prohibited!)

**Remember: No worker may resume work after using the restroom without first washing his/her hands!**



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