

# PERSON-CENTERED PLANNING: INDEPENDENT FACILITATION

COMMUNITY... EVERYONE IS A MEMBER

## OUR MISSION

Support the people we serve in leading lives rich in community membership and personal fulfillment.

We accomplish our purpose through:

- *Excellence in service to individuals and families*
- *Advocacy and education*
- *Partnerships with Alliances and others who share our vision.*

Our talented staff light a path to an inclusive future.

## WHAT IS PERSON CENTERED PLANNING?

The Person Centered Planning process allows the individual to set their own ground rules for planning treatment with assistance from chosen family members, and friends along with professionals. The Michigan Mental Health Code established in 1995 that anyone receiving services could use this process to develop their Individual Plan of Service.

## INDEPENDENT FACILITATION

At the beginning of your pre-planning meeting, your Support Coordinator/Case Manager will ask you if you want to have an Independent Facilitator. If so, you will then have the opportunity to choose which facilitator you would like to have.

The Community Mental Health Partnership of Southeastern Michigan (CMHPSM) has a pool of regional Independent Facilitators to choose from to help you plan your Person-Centered Planning meeting. They have received a lot of training and know how the meetings are run. They are also trained in confidentiality issues and are under the same Mental Health Code as CMHPSM staff.

## CSTS VALUES

We work to inspire and encourage:

- Hope
- Freedom
- Integrity
- Excellence

For the consumers, their families, and the whole of Washtenaw County.

### *What does an Independent Facilitator do?*

An Independent Facilitator helps you plan your Person Centered Planning meeting. They will:

- Assist you with arranging your meeting (inviting those you have chosen, where and when you would like to have your meeting)
- Run the meeting
- Focus on your needs, dreams and wishes

With the dreams and goals you have set, an Independent Facilitator, along with your support team, will help you put those dreams into action.

## What Makes a Good Facilitator?

A good facilitator is a person who:

- Listens to you
- Supports you
- Encourages all to participate
- Knows about Person Centered Planning
- Gathers ideas to help you with your planning

## Who Can be a Facilitator?

It is your choice! It could be:

- You
- A friend or family member
- Your current Support Coordinator/Case Manager
- An Independent Facilitator



## How do I get a Facilitator?


Simply request one during your pre-planning meeting with your Support Coordinator/Case Manager.

Customer Service: 1-877-779-9707


**WASHTENAW COUNTY  
COMMUNITY SUPPORT &  
TREATMENT SERVICES**

WCCSTS Administration  
555 Towner St.  
Ypsilanti MI 48197

Phone: 734-544-3000  
Fax: 734-544-6732  
[www.eWashtenaw.org/CSTS](http://www.eWashtenaw.org/CSTS)



Washtenaw County  
Community Support &  
Treatment Services  
Community...everyone is a member



WASHTENAW COUNTY MICHIGAN  
1826

## How do I Become an Independent Facilitator?

If you or someone you know is interested in becoming an Independent Facilitator, contact your Support Coordinator/Case Service Manager and they will put you in contact with the local PCP Coordinator in your area.



## TO GET SERVICES:

734-544-3050 or 1-800-440-7548  
Monday– Friday, 8:30 am—5:00 pm