

COMMUNITY MENTAL HEALTH PARTNERSHIP OF SOUTHEASTERN MICHIGAN		<i>Policy and Procedure</i>		
Department Special Treatment Procedure		# of Pages: 3		
Policy Name PHYSICAL MANAGEMENT, RESTRAINT, SECLUSION AND SAFETY DEVICES		Type of Policy: <input type="checkbox"/> WCHO <input checked="" type="checkbox"/> Regional <input type="checkbox"/> Network		
Policy Number 09.001	Effective Date	Revision Date	Approval Date	
Administrative/Board of Directors Sign Off				
Administrative Signature:			Date:	
Board of Directors Signature:			Date:	

I. PURPOSE

To establish guidelines regarding the use of physical management, safety devices, restraint and seclusion.

II. APPLICATION

All recipients while under the care of any Community of Mental Health Partnership of Southeastern Michigan (CMHP) staff, students, volunteers and/or contractual agencies within the provider network.

III. DEFINITIONS

Restraint - The use of a mechanical or material device such as a Posey vest designed to totally or partially restrict a recipient’s movement for the purpose of managing a recipient’s behavior.

Physical Management - The use of physical contact by another person, utilizing holds and other techniques authorized by the Department of Community Health, in order to totally or partially restrict a recipient’s movement.

Safety Device - A device such as a van harness used to provide safety for a recipient and others while a vehicle is in motion.

Seclusion - Placement of a recipient in a room, alone, with the door locked, held closed or where egress is blocked by any other means in order to limit the recipient’s movement and contacts.

IV. POLICY

Restraint and/or seclusion shall not be used by any CMHP staff or program providing services.

Physical management shall only be utilized if it is essential in order to prevent harm to self or others, or in order to prevent substantial property damage.

V. EXHIBITS

None

VI. REFERENCES

- A. Michigan Mental Health Code, Public Act 258 of 1996, as amended – Sec. 700(i)(j), 740, 742.
- B. DMH Administrative Rules – AR 7243

VII. STANDARDS

A. Safety Device

A safety device, e.g., van harness, shall only be employed after review and approval of a plan for its use by the Behavior Management Committee. The plan shall contain a review of less restrictive measures that have been employed and a justification for the use of a safety device.

The Person Centered Planning Team shall monitor any use of a safety device, insuring that the safety, welfare and dignity of the recipient is maintained, and shall include documentation in the clinical record regarding justification for its use, including justification for continued use.

The use of a safety device shall be discontinued as soon as it is no longer essential in order to achieve the objective which justified its application.

B. Physical Management

Physical Management shall be employed only after all other less intrusive non-physical interventions have been exhausted.

A physical management intervention shall be employed only by persons who have received training in its use.

If a recipient requires repeated physical management intervention, a behavior management plan shall be developed and presented for review and approval to the Behavior Management Committee as described in the Behavior Management Committee Policy.

Any use of physical management shall be documented in an Incident Report and the IR filed as indicated. Any other necessary documentation regarding the incident should also be completed

A person employing physical management shall insure the safety, welfare and dignity of the recipient and others.