



COUNTY ADMINISTRATOR

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TO: Jeff Irwin, Chair
Ways & Means Committee

THROUGH: Robert E. Guenzel
County Administrator

FROM: Donna Sabourin
Community Support and Treatment Services Director

DATE: February 1, 2006

SUBJECT: Enhancing Practice Improvement in Community-Based Care for
Prevention and Treatment of Drug Abuse or Co-occurring Drug
Abuse and Mental Disorders Grant Application

BOARD ACTION REQUESTED:

Community Support and Treatment Services (CSTS) is requesting the Washtenaw County Board of Commissioners ratify the County Administrator's signature on an application with the National Institutes of Health Center for Scientific Review for a grant Enhancing Practice Improvement in Community-Based Care for Prevention and Treatment of Drug Abuse or Co-occurring Drug Abuse and Mental Disorders. The total grant request is \$589,395 for a three year period from September 1, 2006 to August 31, 2009.

BACKGROUND:

CSTS currently has an increasing number of co-occurring disorders treatment services for consumers who have a mental illness as well as a substance abuse disorder throughout all of their treatment teams. In particular, substance abuse specialists are an integral part of the *Assertive Community Treatment (ACT)* team and the SAMHSA award winning *Project Outreach Team (PORT)*. The ACT team provides intensive community support for adults with severe and persistent mental illness who need such services to maintain community living. The PORT team is comprised of community outreach staff who attempt to engage individuals who are homeless and resistant to mental health services. Funding for these services is currently provided through County funds, Washtenaw Community Health Organization (WCHO) and a combination of other funding.

The State of Michigan Department of Community Health has recognized CSTS and WCHO as leaders in the implementation of evidenced-based best practices statewide. Integrated Dual Disorder Treatment (IDDT), the evidenced-based practice supported by this grant proposal combines mental health and substance abuse interventions at the level of clinical interactions. In fiscal years, 2003-2005, 17% of CSTS consumers (316) were identified as having a mental illness and a co-occurring substance abuse disorder. CSTS was able to serve 91 % (289) of these identified consumers. The expected rate of co-occurring disorder for Washtenaw County supported by data reported nationally is 50%. As CSTS improves its penetration rate of service to consumers with a mental illness and substance use disorder, this pilot project will support excellent service with positive consumer outcomes including very stable remission rates.

DISCUSSION:

This grant will fund a pilot project to evaluate the implementation process for an IDDT toolkit published by the Substance Abuse and Mental Health Services Administration's (SAMHSA) Center for Mental Health Services. CSTS will administer the grant and monitor the implementation of the IDDT toolkit in a regional affiliation composed of rural/suburban community mental health centers in Washtenaw, Lenawee, Livingston, and Monroe counties. The diversity of the organizations in terms of population, ethnicity, location, organizational stage of change, and innovations in programming will provide rich information about which factors facilitate or impede implementation of IDDT interventions.

The SAMHSA toolkit employs treatment components which have been demonstrated as critical for positive outcomes for consumers and higher rates of stable remission than other programs. The toolkit includes a fidelity scale designed to measure the adequacy of implementation of IDDT treatment programs. This toolkit, designed to help communities to implement the practice in real world settings will provide a framework for addressing the gap that continues to exist between evidenced driven treatment for co-occurring disorders and current clinical care.

A manual and website will be developed for model replication as well as information dissemination via State IDDT Workgroup and Council meetings. Information sharing will be facilitated through the use of Encompass, the electronic medical record developed by WCHO, and Care Web, the University of Michigan Health System's web-based electronic medical record. Furthermore, information will be shared via feedback to staff and administrators through ongoing reports.

IMPACT ON HUMAN RESOURCES:

One 0.6 FTE Management Assistant (Grade 27, Group 32) grant status position will be created.

IMPACT ON BUDGET:

The total budget requested is \$589,395. There is no match requirement. CSTS is not providing any in-kind contributions as a part of this grant request.

IMPACT ON INDIRECT COSTS:

The budget includes \$112,500 in indirect costs pending approval of a federally negotiated indirect cost rate.

IMPACT ON OTHER COUNTY DEPARTMENTS OR OUTSIDE AGENCIES:

This grant will continue to foster collaboration between CSTS and other members of the Community Mental Health Partnership of Southeastern Michigan: WCHO, Livingston Community Mental Health, Lenawee Community Mental Health, Monroe Community Mental Health, as well as the University of Michigan.

CONFORMITY TO COUNTY POLICIES:

Conforms to all County policies

ATTACHMENTS/APPENDICES:

- Grant Application
- Resolution

A RESOLUTION RATIFYING THE COUNTY ADMINISTRATOR'S SIGNATURE ON THE GRANT APPLICATION TO THE NATIONAL INSTITUTES OF HEALTH CENTER FOR SCIENTIFIC REVIEW FOR A GRANT ENHANCING PRACTICE IMPROVEMENT IN COMMUNITY-BASED CARE FOR PREVENTION AND TREATMENT OF DRUG ABUSE OR CO-OCCURRING DRUG ABUSE AND MENTAL DISORDERS IN THE AMOUNT OF \$589,395 FOR THE PERIOD OF SEPTEMBER 1, 2006 THROUGH AUGUST 31, 2009

WASHTENAW COUNTY BOARD OF COMMISSIONERS

February 15, 2006

WHEREAS, Community Support and Treatment Services (CSTS) is recognized as a leader in the implementation of evidenced-based best practices in the State of Michigan; and

WHEREAS, integrated dual disorder treatment (IDDT) has been identified as an evidence-based best practice for treating co-occurring disorders; and

WHEREAS, the Substance Abuse and Mental Health Services Administration (SAMSHA) has published an IDDT toolkit with treatment components that have been demonstrated as critical for positive outcomes for consumers and which have higher rates of stable remission than other programs; and

WHEREAS, the implementation of the SAMHSA IDDT toolkit will provide critical information about how best to implement integrated dual disorder treatment interventions locally and further efforts to implement and layer best practices on a state and national level; and

WHEREAS, at least 825 individuals with severe and persistent mental illness or developmental disabilities and co-morbid substance use disorders will be served during the grant period; and

WHEREAS, this grant will provide for expansion of current collaborations with Washtenaw Community Health Organization (WCHO), Livingston Community Mental Health, Lenawee Community Mental Health, Monroe Community Mental Health and the University of Michigan Medical Center; and

WHEREAS, this matter has been reviewed by the County Administrator's Office, Finance Department, Human Resources, Corporation Counsel, and the Ways and Means Committee;

NOW THEREFORE BE IT RESOLVED that the Washtenaw County Board of Commissioners hereby ratifies the signature of the County Administrator on an application with the National Institutes of Health Center for Scientific Review in the

amount of \$589,395 for the period of September 1, 2006 to August 31, 2009, as on file with the County Clerk.

BE IT FURTHER RESOLVED that the Board of Commissioners approves the following actions contingent upon receipt of the grant award in conformity with the application:

1. Authorizing the County Administrator to sign the Notice of Grant Award
2. Amending the budget as attached hereto and made a part hereof
3. Authorizing the County Administrator to sign delegate contracts upon review of Corporation Counsel, to be filed with the County Clerk
4. Authorizing the creation of the following grant status position:

<u>Position #</u>	<u>Title</u>	<u>Group</u>	<u>Grade</u>	<u>Create</u>	<u>Eliminate</u>
2720-0055	Management Assistant	32	27	0.6	

CSTS
 Enhancing Community-Based Care for Co-occurring Drug Abuse and Mental Disorders
 Grant
 Fund 2930

		<u>Original Budget</u>	<u>Revised Budget</u>	<u>Variance</u>
Revenue:				
50000	Federal Revenue	<u>\$0</u>	<u>\$589,395</u>	<u>\$589,395</u>
	Total	\$0	\$589,395	\$589,395
Expenditures:				
70050	Personal Services	\$0	\$225,064	\$73,027
72600	Supplies	\$0	\$10,636	\$3,000
80000	Other Services & Charges	\$0	\$241,195	\$73,973
93500	Internal Service Charges	<u>\$0</u>	<u>\$112,500</u>	<u>\$46,200</u>
	Total	\$0	\$589,395	\$589,395