

COUNTY ADMINISTRATOR
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TO: Jeff Irwin, Chair
Ways & Means Committee

THROUGH: Robert E. Guenzel
County Administrator

FROM: Ellen J. Clement
Health Officer

DATE: February 16, 2005

SUBJECT: Michigan Department of Community Health, Cardiovascular
Health, Nutrition and Physical Activity Section Grant application
for the period of March 1, 2005 through September 30, 2005

BOARD ACTION REQUESTED:

The Department of Public Health requests that the Board of Commissioners ratify the signature of the County Administrator on the Michigan Department of Community Health, Cardiovascular Health, Nutrition and Physical Activity Section Grant application in the amount of \$42,113 for the period of March 1, 2005 through September 30, 2005.

BACKGROUND:

Cardiovascular disease (CVD) is the number one cause of death in Michigan. CVD comprises a wide variety of heart and blood vessel diseases, such as coronary heart disease, hypertension and stroke. Heart disease and stroke, in particular account for the vast majority of CVD. In 2002, heart disease and stroke killed 32,217 Michigan residents.

The Michigan Department of Community Health (MDCH) wishes to focus on the prevention of CVD morbidity and mortality through policy and /or environmental changes. It is desired that this be accomplished by a variety of steps and methods that include a community assessment using tools provided by the Cardiovascular Health, Nutrition and Physical Activity Section; development of a three-year implementation plan focused on policy and/or environmental changes that emphasize healthier eating, physical activity and tobacco free lifestyle; and possible initiation of implementation plan activities.

Since 1995, Washtenaw County Public Health has provided agency leadership to the Health Improvement Plan (HIP), a partnership of numerous health systems, community agencies, coalitions and individuals who work together to assess and improve individual

health status of Washtenaw County residents. HIP data has been collected in 1995 and 2000 and reports on this data disseminated broadly to the community. Planning is under way to collect data again in 2005 and to look at the results of their 10-year effort to improve the health status of Washtenaw County residents. Over the past two years, HIP leadership has identified the importance of policy and environmental approaches to cardiovascular risk prevention and have begun to intervene using policy and environment approaches and best practices.

DISCUSSION:

The Washtenaw County Health Department will work with three community partners from its county-wide Health Improvement Plan's Community Health Committee to complete the Healthy Community Checklist (HCC) to assess existing healthy eating, physical activity, and tobacco use policies and environments and develop action plans for change. The three communities – City of Ypsilanti; the rural villages of Chelsea, Dexter, and Manchester; and the City of Saline -- represent urban and rural areas that demonstrate significant health needs and a readiness to assess and implement policy and environmental changes. After completing the HCC, the Health Department will work with each of the three communities to identify one priority health area for year one, conduct the Promoting Active Communities (PAC), Nutrition Environment Assessment Tool (NEAT) or Smoke Free Communities Assessment Tool (SFCAT) assessment to identify specific policy and/or environmental interventions, and develop an action plan based on these findings.

IMPACT ON HUMAN RESOURCES:

Utilization of two current staff members and employment of two summer interns.

IMPACT ON BUDGET:

Total budget is \$42,113 for the seven month period of March 1, 2005 through September 30, 2005. This comprises of \$37,152 of requested funding and \$4,961 of in-kind support for .05FTE of the Disease Prevention/Health Promotion Program Administrator time.

IMPACT ON INDIRECT COSTS:

Budget includes \$5,199 of indirect costs.

IMPACT ON OTHER COUNTY DEPARTMENTS OR OUTSIDE AGENCIES:

This grant will support and enhance linkages between both traditional and non-traditional partners that serve the health of our community, many of which participate in the Health Community of Interest such as Washtenaw County Public Health, St. Joseph Mercy Health System, University of Michigan Health System and Chelsea Community Hospital. New linkages with Chambers of Commerce, businesses and community food system agencies will be established and/or strengthened through this grant in order to develop and implement environmental strategies and policies for healthier communities.

CONFORMITY TO COUNTY POLICIES:

This request is in conformance with County policies.

ATTACHMENTS/APPENDICES:

2004 Michigan Department of Community Health, Cardiovascular Health, Nutrition and Physical Activity Section Grant application

A RESOLUTION RATIFYING THE COUNTY ADMINISTRATOR'S SIGNATURE ON THE APPLICATION TO THE MICHIGAN DEPARTMENT OF COMMUNITY HEALTH, CARDIOVASCULAR HEALTH, NUTRITION AND PHYSICAL ACTIVITY SECTION TO SUPPORT INCREASED PHYSICAL ACTIVITY, HEALTHIER EATING AND A TOBACCO-FREE LIFESTYLE, IN THE AMOUNT OF \$42,113 FOR THE PERIOD OF MARCH 1, 2005 THROUGH SEPTEMBER 30, 2005; AUTHORIZING THE ADMINISTRATOR TO SIGN THE NOTICE OF GRANT AWARD; AMENDING THE BUDGET AND AUTHORIZING THE ADMINISTRATOR TO SIGN DELEGATE CONTRACTS

WASHTENAW COUNTY BOARD OF COMMISSIONERS

March 2, 2005

WHEREAS, the Board of Commissioners is requested to ratify the signature of the County Administrator on the MDCH Cardiovascular Health, Nutrition and Physical Activity Section Grant application submitted by the Public Health Department in the amount of \$42,113 for the period of March 1, 2005 through September 30, 2005; and

WHEREAS, the Michigan Department of Community Health wishes to focus on the prevention of Cardiovascular disease morbidity and mortality through policy and /or environmental changes; and

WHEREAS, over the past two years, Health Improvement Plan (HIP) leadership has identified the importance of policy and environmental approaches to cardiovascular risk prevention and have begun to intervene using policy and environment approaches and best practices; and

WHEREAS, the Washtenaw County Health Department will work with three community partners from its county-wide Health Improvement Plan's Community Health Committee to complete the Healthy Community Checklist (HCC) to assess existing healthy eating, physical activity, and tobacco use policies and environments; and

WHEREAS, this matter has been reviewed by the County Administrator, Corporation Counsel, the Human Resources Department, the Finance Department and the Ways and Means Committee

NOW THEREFORE BE IT RESOLVED that the Washtenaw County Board of Commissioners hereby ratifies the signature of the Administrator on the MDCH Cardiovascular Health, Nutrition and Physical Activity Section grant application in the amount of \$42,113 for the period March 1, 2005 through September 30, 2005, as on file with the County Clerk;

BE IT FURTHER RESOLVED that the Board of Commissioners takes the following actions contingent upon receipt of funding in conformity with the MDCH Cardiovascular

Health, Nutrition and Physical Activity Section grant application:

1. Authorizing the Administrator to sign the Notice of Grant Award
2. Amending the budget, as attached hereto and made a part hereof
3. Authorizing the Administrator to sign delegate contracts upon review by Corporation Counsel, to be filed with the County Clerk

Washtenaw County Public Health
MDCH Cardiovascular Health Grant
March 1, 2005 – September 30, 2005
Business Unit

<u>Description</u>	<u>Original Budget</u>
Revenue:	
54000 State Revenue	\$37,152
69000 In-Kind Contributions	4,961
Total Revenue	\$42,113
Expenditures:	
70050 Personal Services	\$14,853
72600 Supplies	4,500
80000 Other Services & Charges	12,600
93500 In-Kind Charges	4,961
94000 Internal Service Charge	5,199
Total Expenditures	\$42,113